IN THE MATTER OF A HEARING BEFORE THE HEARING

TRIBUNAL OF THE ALBERTA COLLEGE AND ASSOCIATION

OF CHIROPRACTORS ("ACAC") into the conduct of

Dr. Curtis Wall, a Regulated Member of ACAC, pursuant

to the Health Professions Act, R.S.A.2000, c. P-14

DISCIPLINARY HEARING

VOLUME 8

VIA VIDEOCONFERENCE

Edmonton, Alberta January 29, 2022

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1	Proceedings taken via Videoco	nference for The Alberta
2	College and Association of Ch.	iropractors, Edmonton,
3	Alberta	
4		
5	January 29, 2022	Morning Session
6		
7	HEARING TRIBUNAL	
8		Tribunal Chair
9		Internal Legal Counsel
10	Dr.	ACAC Registered Member
11	Dr.	ACAC Registered Member
12		Public Member
13		ACAC Hearings Director
14		
15	ALBERTA COLLEGE AND ASSOCIATION	ON OF CHIROPRACTORS
16		ACAC Legal Counsel
17		
18	FOR DR. CURTIS WALL	
19	J.S.M. Kitchen	Legal Counsel
20		
21	CSR(A)	Official Court Reporter
22	\$ 2	_
23		
24		
25		
26		

1 (PROCEEDINGS COMMENCED AT 9:08 AM) Well, good morning, everybody. 2 THE CHAIR: 3 We've got one witness I believe to examine today, Mr. Kitchen, and just before we do that, Mr. 4 anything to raise? 5 6 MR. No, thank you for asking, but I should mention, Mr. Kitchen, you'll probably speak to 7 8 this, but he has sent Mr. and I his proposed 9 qualification for his expert witness, and I don't think 10 there will be an issue. 11 Mr. Kitchen, I would have responded to you, but I needed to run that by my client, and I just saw it this 12 morning, so I'll let you know that in advance. 13 14 MR. KITCHEN: Thanks. 15 THE CHAIR: Okay, let's turn the floor over then to Mr. Kitchen, and you can bring your 16 17 witness in, and I just remind everybody to mute yourself, please, and hopefully we'll have enough 18 bandwidth today that we don't have any interruptions. 19 MR. KITCHEN: All right. So, Dr. 20 I'll just do some introductions because we have so many 21 22 people, and I don't know if you can see everybody on the screen. I've got mine on gallery view so I can see 23 everybody. 24 25 The four Tribunal Members are Dr. those are chiropractic members of 26

```
1
    the Tribunal; and then
                                         and
2
    are public members of the Tribunal.
                                          So there's four in
 3
    total.
                       is the lawyer for the Tribunal,
4
    probably won't hear anything from him, but he's the one
 5
 6
    that advises the Tribunal, so if they caucus, he goes
    caucusing with them, and don't wonder at that.
 7
                    is the lawyer for the -- what I will
8
 9
    refer to as the prosecutor in this case. So we have
10
    the College, we have the Tribunal, those are separate.
11
    The College is bringing the action against Dr. Wall,
    and that's happening through the Complaints Director,
12
                            His lawyer is
    that's
13
14
    he'll be the one that cross-examines you.
         And then, of course, there's the Hearings
15
    Director, you won't see her, but that's Ms.
16
17
         And then have our court reporter,
         And then of course, Dr. Wall is here. You won't
18
    see him or hear him, but he's listening. And that's
19
20
    everybody.
                         could you please swear him
         So with that,
21
22
    in.
23
    THE CHAIR:
                              Dr.
                                          just before
             swears you in, I'll just -- we tell this to
24
25
    everybody,
                is a court reporter. She's making
    a verbatim record of the proceedings, and so we would
26
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1
         ask that you try not to speak real quickly. I have no
 2
         idea whether that's your speech pattern or not, but if
 3
        you could just keep that in mind, please.
         THE WITNESS:
 4
                                  Sure.
 5
         THE COURT REPORTER:
                                 And please wait for
 6
        Mr. Kitchen and Mr.
                              to finish their entire
        question before you answer. Do not interrupt them.
         It's just makes the audio very difficult for me, so ...
 8
 9
                           Sworn, Examined by Mr. Kitchen
         (Oualification)
10
11
        MR. KITCHEN:
                                     I just have a few
                                Dr.
12
        questions for you about your background, and then I'm
        going to tender your qualification, and then we'll go
13
14
         from there, so I don't imagine that it'll take too
15
         long.
16
        Sure.
17
        Dr.
                   do you have a medical degree?
         I do.
18
        And what have you done for residencies and fellowships?
19
20
               So I did four years of medical school at the
    Α
        Sure.
21
        University
                             , graduated in .
                                                            Then
22
         I did three years of residency at the University
                in internal medicine. And then I did two
24
         fellowships in infectious diseases and medical
25
        microbiology from
                                          So I'm Royal College
         certified in three different specialties.
26
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- 1 Q Thank you. This may come up in your questioning, but
- 2 I'll ask it now, can you give us an idea, just briefly,
- 3 of what infectious disease, what that speciality is?
- 4 A Sure. So I'm an infectious disease specialist and a
- 5 medical microbiologist. People can be one or the other
- 6 or both.
- 7 So as an infectious diseases specialist, I treat
- 8 patients with infections, so diseases caused by
- 9 viruses, bacteria, parasites, fungus. So about
- 10 two-thirds of my practice is clinical work, taking care
- of patients with infections, mostly in the hospital but
- some outpatient work as well. And then about a third
- of my practice is more administrative-type work. So as
- a medical microbiologist for ten weeks, I manage the
- microbiology laboratory in the hospital that I work in.
- I also am responsible for covering the infection
- 17 control service at the hospital I'm at for about ten
- 18 weeks a year.
- 19 And then my primary administrative responsibility
- 20 is something called antimicrobial stewardship, and so
- 21 that's really just monitoring antimicrobial, antibiotic
- use within the hospital, ensuring that it's appropriate
- and controlling its use and intervening when needed.
- 24 Q Excellent, thank you. Are you currently enrolled in a
- 25 graduate program?
- 26 A Yes, I'm doing a Masters in science and epidemiology at

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1
         the
                                                           which
 2
         is part of the University
 3
         in my fourth year, so I should finish later this year.
         Thank you. Do you teach in any capacity?
 4
        Yeah, I have an adjunct appointment at
 5
 6
        University as an assistant clinical professor, and so
         in my ten years of full-time practice and my eight
        years of my appointment with , I've had all
 8
         levels of learners from medical students, first-,
 9
10
         second-, third-year medical students, all the way up to
         infectious diseases fellows.
11
12
        Now, I know you mentioned you work at the hospital, but
13
        could you tell us in more detail what your current
14
        occupation is?
15
        Like as an infectious diseases specialist?
        Yes, yeah, exactly, we want to know --
16
17
     Α
        So --
         -- about just what that actually looks like.
18
19
               So I have hospital privileges at
    Α
                          , which is a medium-size hospital
21
         just west of .
                                It has three campuses, an
22
         And so I am oncall for 17 weeks a year for infectious
23
         diseases, which is 24/7 call, can be quite busy.
24
25
             And then other than that, as I said, I have a fair
         amount of administrative responsibilities, which is
26
```

- 1 basically the rest of my time, apart from vacation and
- 2 being oncall. And then I have a small outpatient
- 3 practice, which would involve things like hepatitis C,
- 4 latent tuberculosis, HIV management.
- 5 Q Thank you. Are you a member of the CPSO?
- 6 A I am.
- 7 Q Have you been an expert witness in legal proceedings
- 8 before today?
- 9 A Yes, I have.
- 10 Q And have you prepared other expert opinion reports
- 11 regarding SARS-CoV-2 and/or COVID-19?
- 12 A Yes. I prepared I think nine expert reports in five
- provinces for -- regarding COVID-19 for SARS-CoV-2.
- 14 Q Thank you.
- 15 MR. KITCHEN Those are all my questions.
- 16 Mr. did you want to ask any questions
- before I tender the qualification I want?
- 18 MR. I don't think so, Mr. Kitchen.
- 19 Thank you.
- 20 MR. KITCHEN: Chair, I want to qualify
- 21 Dr. as an expert in the areas of
- infectious diseases and medical microbiology, in
- 23 particular, SARS-CoV-2, COVID-19, and the efficacy of
- 24 masking, physical distancing, and other restrictions
- intended to prevent transmission of SARS-CoV-2.
- 26 MR. Mr. Chair, as I mentioned

- 1 before, Mr. Kitchen provided this to me and my client
- 2 in advance, and we're not going to object to it.
- I will repeat our prior comments with respect to
- 4 Dr. Wall's expert witnesses that we, again, don't
- 5 believe this is a hearing about mask efficacy and
- 6 social distancing, et cetera. We've placed that same
- 7 qualifier for all of Dr. Wall's witnesses as we have
- 8 before.
- 9 MR. KITCHEN: And I'll provide the same
- 10 response: It's borderline nonsensical to say such a
- 11 thing when the Complaints Director has submitted an
- 12 expert on the very issue of masking from a scientific
- 13 and medical perspective, and that was in response to
- 14 Dr. Wall's experts. So I understand my friend wants to
- 15 continue to fill the record with that, but I guess I'm
- 16 going to have continue to fill the record with saying
- 17 that I don't understand how it makes any sense to say
- 18 so.
- 19 THE CHAIR: You're both on the record on
- 20 that point, so I don't think we need --
- 21 MR. And, Mr. Chair, I'm sorry, I
- 22 just want to make one comment, I've said this before
- 23 and I'll say it again, we called an expert because
- 24 Dr. Wall was calling experts, and we didn't introduce
- 25 Dr. at our own initiative. It was to respond to
- 26 what we understood would be expert testimony, so I just

- 1 wanted to be clear about that. We didn't introduce
- 2 Dr. for anything other than to rebut the expert
- 3 witness testimony from Dr. Wall. We've covered this,
- 4 but I wanted to mention that.
- 5 THE CHAIR: Let's get back on track and
- 6 deal with Dr. I just had one question I would
- 7 like to ask Dr.
- 8 The Chair Questions the Witness (Qualification)
- 9 Q THE CHAIR: Good morning, sir, thank you
- for joining us.
- 11 A Morning. Thank you.
- 12 Q I was just looking at your résumé and your cv, and I
- noted that peer-reviewed publications, the last one is
- noted as 2015. Have you shifted your focus away from
- research in the last few years?
- 16 A Yeah, usually most people in academia have either one
- 17 of two streams: One is research-based or
- 18 teaching-based. And so my appointment with is
- 19 a teaching-based appointment.
- 20 THE CHAIR: Thank you for clarifying that.
- 21 Ruling (Qualification)
- 22 THE CHAIR: Okay, I don't know that
- 23 there's a need for us to caucus to consider approving
- 24 Dr. as an expert witness in the fields noted.
- The College has no objection.
- So, Mr. Kitchen, I'll ask you to continue with

- 1 your direct examination of Dr.
- 2 MR. KITCHEN: Thank you.
- 3 DR. Previously sworn, Examined by
- 4 Mr. Kitchen
- 5 Q MR. KITCHEN: Dr. just going to
- 6 start with a couple standard questions. Do you know
- 7 Dr. Curtis Wall personally?
- 8 A No.
- 9 Q Do you have any financial interest in the outcome of
- 10 this case?
- 11 A No.
- 12 Q And do you understand your duty today to provide this
- 13 Tribunal with your expert knowledge and opinions in an
- objective and neutral manner?
- 15 A Yes.
- 16 Q And then the last thing is this: Do you understand
- that if and when, in the likely event we're going to
- have a break, you and I are not permitted to speak
- 19 until your testimony is done?
- 20 A Yes.
- 21 Q All right, well, I'm going to start with your report.
- In the second section of your report, and that starts
- on page 1, you identified three factors that are
- 24 driving SARS-CoV-2 transmission and mortality and state
- 25 that those factors are, quote, non-modifiable. Now,
- I'm going to ask you about the factors, but, first,

```
could you please explain what "non-modifiable" means?
 1
 2
         "Non-modifiable" means that they can't be changed.
 3
         instance, I speak about a person -- or a person's age,
 4
         you can't change someone's age or you can't change the
         age structure of a population.
 5
                                         So non-modifiable means
 6
         it cannot be changed by some sort of intervention.
 7
         The first non-modifiable factor you discuss is the
     0
         timing of peak virus transmission or wave of
 8
 9
         transmission.
                        You say the timing is primarily affected
10
         by seasonal patterns. First, I want to ask you, since
11
         your report is almost a year old now and we're two
12
         years in experiencing this with SARS-CoV-2, has your
13
         opinion in this regard changed in any way since
14
         drafting this report?
15
         It only changed in that I'm more certain of it.
                                                           In the
     Α
         last nine or ten months since I wrote my report,
16
17
         there's been even much more accumulating evidence to
18
         show that SARS-CoV-2 is similar to essentially every
         other respiratory -- important respiratory infection in
19
20
         humans, in that it follows a seasonal pattern.
21
         just even see that in our Canadian data that -- and I
22
         mentioned it in my report, but other Coronaviruses have
         their peaks in January, and across Canada, this
23
24
         January, 2022, we have another peak of SARS-CoV-2.
25
         Now, I know you cited to a lot of literature in your
26
         report, of course, and you just said that there's even
```

more literature since, but can you give us an idea of 1 2 what is that literature that supports your position? 3 Just a -- I know you can't go into every study, but please give us an idea of what that literature is. 4 5 Specifically about seasonal patterns? Α 6 0 Yes. 7 Yeah, so I quoted, I don't know, probably about a dozen studies or so, yeah, at least seven or eight, that 8 talked about or showed that SARS-CoV-2 follows a 9 10 seasonal pattern, which was fairly early, because by the time I wrote the report, it had only been around 11 12 for just over a year, I think 15 months. 13 And so similar to those studies, there have been 14 more studies looking at the timing of SARS-CoV-2 in different jurisdictions. So some of the studies I 15 quoted were country-specific, others were global. 16 17 those similar types of studies, because we have one more year of data have continued to accumulate and been 18 published in the peer-reviewed literature. 19 20 These are peer-reviewed academic articles, is that a O 21 good way to describe them? 22 Correct. Α And can you explain how or why these seasonal or 23 24 cyclical patterns are, in fact, non-modifiable? 25 Α Well, the weather is non-modifiable, and so we know,

for instance, with influenza, that it kind of usually

26

starts in the southern hemisphere and moves to the
northern hemisphere. Maybe potentially the time of
year or the exact time in the winter, the colder
season, when the peak occurs might be different, might
be December one year, might be January the next or
February, but it's always kind of in the winter months
in the northern hemisphere.

8

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12

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17

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19

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And so the climate and the temperature is not something that can be changed, and that affects multiple things. It affects how often people are inside. It affects transmissibility, because the relative humidity in the air affects water droplets, which is, you know, aerosol droplets is one of the -the primary way that SARS-CoV-2 and many other respiratory viruses are transmitted. So those type of factors can't be changed, but we're going to have a winter in the northern hemisphere every year around the same time, you know, between November and March, and so we can expect a peak of respiratory viruses to occur in that time frame. So the theory that lockdowns or restrictions work based on the theory of being able to modify that or being

- 21 Q So the theory that lockdowns or restrictions work based 22 on the theory of being able to modify that or being 23 able to work notwithstanding that?
- 24 A The main -- well, the main purpose, I guess, of
 25 lockdowns would be to reduce the frequency of contacts
 26 and then, therefore, infection, with the goal, you

1 know, it's usually the stated purpose of not 2 overwhelming health care capacity. 3 But in my second point, I talk about population density. And the number of infections in a 4 geographical location is primarily going to be 5 6 influenced by population density, and I give an example 7 of New York. Like in the first wave, there was a huge number of infections in New York City, because it's so 8 9 population-dense, and you can't change that. 10 take 8 million people in New York City and put them in upstate New York, distribute them along upstate New 11 12 So you're still going to have 8 million people 13 in a small number of burrows in New York City, and even 14 though there's a lockdown, you still have large apartment buildings with people in very close quarters. 15 So you're not modifying the population density, which 16 17 is the most important factor. So the idea behind restrictions is not that 18 restrictions can change that factor but that 19 20 restrictions can work notwithstanding the presence of that factor? 21 22 That's the idea. The idea would be by having a Α 23 lockdown restriction, you're reducing the number of 24 people that you would come in contact with and, 25 therefore, the number of potential infectious contacts or the statistical risk of someone being infected. 26

What I'm arguing in this and what I think some of what the literature clearly shows in the studies that I quoted is that it has a negligible effect in a place that is already population-dense.

And so you have a rural location, those people already are going to come into contact with much fewer people. Let's just say, you know, give a number of 8 or something per day, whereas you have a population-dense place like New York City, I'm just throwing it out there, but you have people on a random day coming into contact with 80 people, you know what I mean.

And lockdown is modifying that slightly, like you're taking in a rural location, 8 down to 5, and then New York City, 80 down to 60. You still have a very population-dense area. When you go out to buy groceries in New York City, you're passing by lots of people, and so you can't modify that population density. And that, as I showed in the studies I quoted, is a very important factor to predict the number of infections in the current wave.

The timing is going to be predicted by season.

The number of infections is going to be predicted by population density, and the mortality is going to be predicted by the age structure.

26 Q So is part of the reason why we keep getting wave after

wave after wave because the cyclical pattern just can't 1 2 be stopped even by intense interventions? 3 Yeah, SARS-CoV-2 is now the fifth seasonal Coronavirus. Α There have been four prior to SARS-CoV-2, and now it's 4 the fifth. And it will continue to cause infections 5 6 and waves in a seasonal pattern just like the other 7 four do. 8 And so just like we can't prevent influenza or 9 other seasonal Coronaviruses, we can't prevent the 10 waves on a population level, we're not going to be able 11 to prevent SARS-CoV-2 waves. We haven't been able to 12 in the past two years, and we won't be able to going 13 forward. 14 So at this point in time, are any attempts, any human 15 attempts to try to stop SARS-CoV-2 from continuing as the fifth Coronavirus, are they just futile? 16 17 Α Yeah, to stop it circulating within the community like 18 globally, yeah. Like trying to stop it, the whole notion of zero COVID makes no sense. It can be done 19 20 for short periods of time in places like New Zealand, 21 which can -- are literally in the middle of the ocean 22 and can hibernate themselves from the rest of the But even there, you see places like Australia 23 world. 24 that were able to maintain that for periods of time, 25 but now it's circulating in Australia like anywhere 26 else in the world.

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And so, yeah, it would be utterly futile to say
 1
         that we tried to stop the circulation of SARS-CoV-2
 2
 3
         right now, like on a global level within the community.
 4
         So even if an entire nation went into, you know, a
         complete, you know, locked in your house kind of
 5
 6
         lockdown for a year on end, it wouldn't matter, because
         as soon as you lifted that, Coronavirus would come in;
 8
         is that what you're saying?
 9
         MR.
                                  Mr. Kitchen, I'm sorry, I
10
         don't want to interrupt, but I got the sense on the
11
         last three or four questions that there's a lot of
12
         lead-in, and I don't want to cramp your style here, but
         I think there's a lot of lead-in on some of these
13
14
         questions. I wonder if you could consider maybe
         rephrasing them a little bit.
15
         MR. KITCHEN:
                                  That's fine.
16
17
         MR. KITCHEN:
                                Dr.
                                             just give me a
18
         second; you've already answered so many of my
         questions.
19
20
              So let's talk about the -- I mean, you've already
         touched on this, but let's talk about the third factor.
21
22
         And I think I understand this better now, you say the
23
         third non-modifiable factor is just how old people are.
         But the first question I have for you to help us
24
         understand is what is infection fatality ratio?
25
26
     Α
         Okay, let me just bring that up here on my report.
```

Yeah, it's on page -- end of page 2, it's the third 1 0 2 portion of that section. 3 So the infection fatality ratio, so that's the number Α 4 of people with the infection that died or the It's a ratio, so it would be a percentage. 5 percentage. 6 And do you have any idea roughly what that is right now 0 7 with COVID? It's unchanged from what I say in my report. 8 Α So in my 9 report, I say that persons over 80, the IFR is 10 approximately a thousand times greater than the IFR in 11 those under 20, and so the age of a patient is by far 12 the most predictive measure of the risk of mortality. 13 In your opinion, is the IFR of people above 80 more 0 14 relevant than the overall IFR? 15 Well, I think the IFR in any age group is going to be Α important, so if we look at -- if we compare the 16 17 mortality risk in persons under 20, I think that helps 18 shape policy for that age group, so that's school-age And we know and it's clear from the literature 19 people. 20 now, it was when I wrote my report, but it's much 21 clearer now, that the actual risk of death from 22 SARS-CoV-2 infection is lower for that age group, 23 persons under 20, than for seasonal influenza. 24 And so when you're considering policy in that age 25 group, that's important to look at. It's also 26 important to look at what the IFR is in other age

1		groups as well, but it's important to be able to break
2		that down. And so, likewise, when we look at the IFR
3		in persons over 80, that helps us form a policy for
4		that age group, whether it's care homes, nursing homes,
5		retirement homes. It matters what the IFR is in other
6		populations, but it's very helpful to break it down,
7		because each age group and demographic is going to have
8		different policy implications, because policy
9		implications for a school should be very different than
10		a policy implication for a nursing home.
11	Q	We've heard in the proceedings so far that the IFR
12		overall for all age groups for COVID is about 0.15 or
13		less now, but what we've heard, at least at one point,
14		it was 0.15. Do you have any reason to agree with that
15		number?
16	A	No, that's roughly accurate. I would say it's probably
17		lower now, having gone through the Omicron wave.
18		Omicron has been much less severe with regards to
19		mortality. There are various factors regarding that,
20		but, yeah, that number is roughly accurate. Again, it
21		really depends. When you talk about an IFR in a
22		sub-Saharan African country, which has a much lower
23		population, it's going to be quite different.
24		So in statistics, we use age like there's a way
25		of age-standardizing when you compare different
26		countries, and that would always have to be done when
I		

1		you compare or when you discuss these things, because
2		if you calculate an IFR of the Canadian population,
3		without age-standardizing it and then comparing it to
4		another country like say Nigeria, which is much
5		younger, you're comparing apples to oranges. And so
6		there's clear statistical methods if you want to do
7		that comparison.
8		And so generally, when you talk about an IFR
9		overall globally, well, then you have kind of
10		standard well, what's your standard population
11		scale, and then you normalize it to that. So it's not
12		an easy answer, but that's a roughly good ballpark
13		number, but I would say it's maybe slightly lower now.
14	Q	Okay. So if I'm understanding you, in sort of
15		nonscientific language, the more old people you have in
16		your society, the higher the IFR in that society?
17	A	Yeah, absolutely. If you're calculating it just based
18		on your country, yeah.
19	Q	And it's lower in Nigeria because they have less old
20		people?
21	A	Yeah, the age structure is different. So the
22		proportion of, say, persons in over 70 in a younger
23		country, and that would often be countries in
24		sub-Saharan Africa or different places in Asia, it's
25		going to be different, yeah.
26		And people discussed this with regard to the
Ī		

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Omicron wave in South Africa, because the South African
 1
 2
         population is quite a bit younger, and so people
 3
         rightly said, okay, well, we need to compare apples to
 4
         apples here, rather than apples to oranges.
                                                       And there
         are standard statistical ways of kind of doing that
 5
 6
         comparison.
                      There -- and I won't get into that, but
 7
         you can still do it.
 8
         So when I look at your report, you say 95 percent --
 9
         we're in Canada -- 95 percent of deaths are in persons
10
         over 60.
                   So do I understand correctly then that 95
11
         percent of what contributes to that overall IFR of 0.15
12
         is from people over 60?
13
         That's right.
     Α
14
         So if we took those people out of the equation, instead
         of 0.15, we'd have something that might look like
15
         0.00000 et cetera; is that accurate?
16
         Yeah, it would be -- if you look at the IFR of only
17
     Α
         persons 60 and under, it's substantially less, yes,
18
19
         that's right.
20
              And again -- and then -- you know, it's
21
         affected -- there are other factors, right?
22
         comorbidities, and, you know, the CDC had a good study
         just recently that was published that just -- that
23
24
         looked at both age but then comorbidities as well.
25
         risk of death increases significantly when you go from
26
         zero to one comorbidity and then to two and then to
```

1		three.
2		So you have someone who is over 80 with, you know,
3		two or three comorbidities, their risk of death is very
4		high and substantially higher than orders of
5		magnitude higher than someone, you know, much younger
6		with no comorbidities. And, you know, statistically,
7		it's closer to zero once you get below a certain age
8		with no comorbidities; it's for all intents and
9		purposes zero.
10	Q	Okay. So the IFR differs dramatically over age groups
11		then?
12	A	Yes.
13	Q	Now, and this has been a big issue in this hearing, the
14		overall IFR, was it ever much higher than this 0.15
15		figure even in the beginning?
16	A	Well, it's changed, so if you it can be tracked over
17		time, and what you'll see is that, very early on, it
18		was very high because the number of infections detected
19		was much lower very early on because testing was
20		limited, but quite soon after the first wave, the IFR
21		came down significantly.
22		So if you look at the very beginning when people
23		were (INDISCERNIBLE) in the spring of 2020, it was
24		quite high, but over time I mean, you could there
25		are graphs of this, but over time, the IFR has been
26		going down and down, and actually, you know,

quite significantly dropped in the Omicron wave, 1 because you have a whole bunch of infections but 2 3 relatively fewer deaths, and so it's been going down 4 over time. That IFR rate early on, so let's say early 2020, is 5 0 6 that a highly reliable figure? 7 No, because it was -- in statistics, you know, we talk Α about things like bias, like so that would be selection 8 9 And so early on, it was only the most evident, 10 so symptomatic, the sickest who were being tested, and 11 so you had a selection bias early on. 12 But as with -- in most things in statistics, the 13 larger sample size, the more accurate it's going to be. 14 And so now that we've got, you know, hundreds of millions of cases worldwide that we can reliably make a 15 much better estimate as to what the true IFR is. 16 17 Is it possible that, in early 2020, a very large number of people were infected, but nobody really knew about 18 19 it? It's hard to know that for sure, because there 20 Α Yes. are a number of different factors, one of which just 21 22 being limitations of testing, particularly in different 23 places in the world. Even in our institution, I remember for the first 24 25 few weeks at least, if not longer, like we had quite 26 significant limitations on who we could test, who we

could only run a certain number of tests per day. But, yeah, there have been other studies that have been done subsequently to say and estimate at least how many other infections are there apart from the ones that we've actually picked up with positive testing, for instance.

The estimates varied from, again, the country and various separate testing procedures or protocols, or, you know, who can be tested, who not. Because even here in Ontario, we've changed who's going to be tested. Our Chief Medical Officer of Health says that -- now said, you know, if you have minor symptoms and, you know, are otherwise healthy and stuff, you don't necessarily have to be tested, you just assume you have COVID and stay home. So over time there has been changes to testing protocols and stuff, and so that's going to change how many people are actually detecting.

So certainly very early on, there would have been a fair number of people who had the infection but were not detected, because we know the asymptomatic rate is about 10 to 20 percent as well, I said that as well. So at least early on, unless they were close contacts and similarly infected, they probably weren't being tested.

26 Q Now, obviously any IFR is, I guess, concerning or

1 upsetting, because that ultimately means people die, 2 but can you help us understand, give us a figure of 3 what would be considered in the medical community as a 4 dangerously high IFR? Well, you know, that's a bit of a tricky question, but 5 Α 6 like I think what we're seeing now, I think one of the 7 important things to say with regards to the IFR of SARS-CoV-2 is that, overall, what we're seeing is that 8 9 the IFR is approaching seasonal influenza, and seasonal 10 influenza varies quite a bit from year-to-year, and 11 some years are very bad, other years aren't. 12 And actually they're related, because what happens 13 is if you have a bad flu year, because many elderly 14 people, no matter what, are -- in the end, are going to die of a respiratory tract infection. 15 Canada's greatest physician, William Osler, kind of referred to 16 17 it as -- respiratory infections, at least overall, as 18 the old man's friend. It was just kind of something that just took off the elderly. So whether it's 19 20 bacterial pneumonia, influenza, Coronaviruses, the frail elderly and, you know, with heart disease or 21 22 cancer or other things that have debilitated them, it's 23 the heart disease or the cancer that's debilitated 24 them, but the thing in the very end, the last few days, 25 that they might actually die of, is going to be a 26 respiratory tract infection. And so it's very common

1 in that age group. 2 And so influenza, we know that if you have a bad 3 influenza year, the next year is often going to be 4 light, and one of the reasons is that the previous 5 severe season has, unfortunately, killed many of the 6 most vulnerable, and so you've now removed a good 7 proportion of the most vulnerable from the population, and so the next year, the flu, at least in that 8 9 population may be -- the IFR at least may be relatively 10 And so there's multiple different factors going 11 on here. But what we're seeing is that now, overall, the 12 13 IFR of SARS-CoV-2 is approaching and very similar to 14 seasonal influenza. 15 So when you say a bad year, so the IFR for influenza 0 fluctuates then? 16 17 Α Absolutely from year-to-year. So you -- and during 18 pandemic years, the IFR is going to be very high. if we're just talking about 1919 to 1920, like the 18 19 months from late '17 to, you know -- or late 2018 to 20 2-thousand -- or, sorry, 1918 to 1920, during the 21 22 Spanish the flu, the IFR would be huge, but there are 23 other years when influenza IFR is quite low. 24 you can talk about it on a yearly basis or a strain 25 basis, or we can talk about it over years or decades. And if we kind of generally talk about it over years 26

and decades, then the IFR of SARS-CoV-2 is now 1 2 approaching the IFR of influenza. 3 But, yes, the estimated mortality of influenza 4 year-to-year can change by two or three times in a season even in Canada. And, again, that's affected by 5 6 multiple factors. One of the factors, as I said, is 7 the previous year and the proportion of vulnerable people, but it's also going to be the natural mutation, 8 the strains of influenza. We would call them strains. 9 10 Now, you know, we call them for SARS-CoV-2, it's 11 variants, but it's the exact same process. It's 12 natural mutation of a respiratory virus. 13 Right, but you used the word "pandemic" in describing a 0 14 bad influenza year. Are you aware of what number, what -- you know, the IFR we know for low influenza 15 must be somewhere around 0.15, but what's the number, 16 17 roughly, for a bad influenza year or a pandemic 18 influenza year? What's the IFR rate? I mean, you know, it could be 50 percent, it could be 25 percent. 19 20 You know, we don't know because we don't look at this 21 on a daily basis, and so I -- you know, it would be 22 very helpful to have some sort of number to work with. 23 Yeah, I don't know the exact number for Spanish flu, but the most kind of reasonable estimates for the 24 25 Spanish flu is that between 50 and 75 million people 26 died, so we're talking an IFR in the global population

was not that high, so we're talking an IFR of at least 1 2 1 percent in that case, if not higher. 3 Okay, so 1 percent is high? 0 4 Well, it would be -- you know, I think the global Α population at that point was about 2 billion, so we're 5 6 talking an IFR probably at that time of about 2 7 percent. Yeah, and these are just rough estimates. Ι know that the most conservative estimates of the 8 9 mortality was about 50 million, so that's an example. 10 0 So has the IFR of COVID ever exceeded the IFR of a bad 11 flu year? 12 Yeah, certainly early on. And with different variants Α 13 and as it starts to circulate, it's -- it doesn't 14 happen all the time, but the general way a virus circulates is that it attenuates as it goes through a 15 So SARS-CoV-2 was a new virus in the human 16 population. 17 population, and there's some cross-protection from 18 seasonal Coronaviruses, there's some cross-immunity, but because it's a new virus, early on, it's going to 19 20 be more severe. 21 But what we've seen, especially with the Omicron 22 variant, and what happens with many new virus infections within a population is that they attenuate 23 24 over time, because it's to the evolutionary advantage 25 of that virus to do that, because it infects more 26 people.

Just like one of the reasons we don't see massive 1 2 Ebola outbreaks is because it kills too many people too 3 quickly, and so it just burns itself out. 4 So we saw that with the Spanish flu. The flu we have now is a descendant of that flu. 5 6 happened is, over time, the virus itself attenuated 7 itself, so as it just started passing through just millions of people, it became less severe. And one of 8 9 the reasons for that is that -- a virus -- the 10 evolutionary advantage for a virus is to find kind of 11 that balance between causing some disease but not 12 killing the people too quickly, and so we've seen that with SARS-CoV-2 as well. 13 14 It would be expected. It's not unexpected at all for a variant like Omicron to occur, because Omicron, 15 for a variety of reasons, but one of the primary ones 16 17 it that it has less severity, infects way more people, and that's expected. 18 19 Okay, you said early on -- I need you, if you can, to 20 try and give me months and years -- so what would be --21 you said, you know, it was severe early on, well, when 22 was that, and when did that period end? 23 Well, we know, looking at the variants that there was a 24 variant, even -- I don't know if I referenced it in my 25 report, but there was a variant even just within the 26 first few weeks of the pandemic that quickly switched.

- 1 I can look up the name. It wasn't given a name like
- 2 Alpha, Beta, or Delta and stuff. It was given a name
- 3 based on the base pair change. It was 'D' something,
- 4 something, changed to 'G' something, I think. It was
- 5 where the mutation was. So as the variants changed,
- 6 they're going to have different IFRs, and we've kind of
- 7 seen that. It does seem as though Delta was a little
- 8 more severe than, say, Alpha. But that change started
- 9 very early on, within weeks, and then we started seeing
- 10 things like Alpha and then Delta and now Omicron.
- And so very early on, the IFR is going to be high,
- 12 because the most -- again, various reasons, but the
- 13 most susceptible are going to be dying, and then once
- 14 you eliminate those -- the most frail and -- who have
- 15 been infected from the population, you also have a less
- 16 frail population, and so that's one reason. I don't
- 17 want to oversimplify it here. One is inherent to the
- 18 virus itself. There's a difference between Delta and
- 19 Omicron, and so the IFR is going to change between the
- 20 variants, but the population itself is going to change.
- 21 And so if you have a complete naive population early in
- 22 the pandemic, that's going to change once the first
- 23 wave goes through, because, all of a sudden, the
- 24 frailest population are no -- are, unfortunately, no
- longer in the population because they've died, and so
- 26 you have a population change. And these are just two

1 factors. 2 It's complicated. I think one of the risks, at 3 any point, is oversimplifying, but those are two very 4 important factors. When did the first wave end roughly in 5 Thank you. 0 6 Canada? 7 Well, would have been the late spring of 2020, and I don't have the graphs ahead of me, but I certainly 8 9 think by May absolutely. 10 0 At what point did the data indicate that the IFR was no 11 longer severe or high or whatever word you want to use? 12 You used the word "severe"; at what point did the data 13 indicate that the IFR was no longer severe? 14 Α Well, it was within a couple months as we gathered more By the end of the first wave, the idea of the 15 data. dramatic difference in mortality between the young and 16 17 the old was evident, and by the end of that first wave, you know, within the first kind of three months, we had 18 a rough estimate at that point of what the IFR would 19 20 be, and then since then, it's been just trending down. 21 Again, as more and more people get infected, and, 22 unfortunately, the -- you know, the oldest, the 23 frailest have already died, the IFR has been trending 24 down. 25 Would you say the official definition of a pandemic is 26 objective or subjective?

Well, I think any definition, you know, you can get 1 Α pedantic about it, but SARS-CoV-2 is clearly a 2 3 pandemic. Some people define it as, you know, 4 affecting multiple continents. Some people will argue the first pandemic was the Antonine plague in the '160s 5 6 because it occurred in Africa, Europe, and Asia. 7 at least based on the records we have, we don't know of any other infection before then that occurred on three 8 9 different continents. So it depends on how you define 10 your terms, but I think it's clear that SARS-CoV-2 is a 11 pandemic; there's no doubt about it. 12 Is it pandemic because it's "pan" because it's global? 0 13 It comes from -- you know, "pandemic" just Α Well, yeah. comes from the Latin root of "pan", which is all, and 14 "demus", which is people, and so it's all people. 15 We've seen that. Like it's even on Antarctica. 16 Ι 17 think this is the first pandemic in history that's been on all seven continents. 18 Is there no severability criteria for determining 19 0 20 something is or is not a pandemic? 21 Yeah, you know, I think for something like seasonal Α 22 influenza, you have global infections every year, you 23 have waves every year, and so you would talk about 24 severity, so we would have a pandemic when -- in the 25 scientific literature about influenza, we talk about 26 antigenic drifts, which is the small changes that occur

1 year to year, and then antiquenic shifts, which is the 2 major changes. 3 And, generally, when there's an antigenic shift, we have a pandemic because we have a significant change 4 in the virus, which then you have a large proportion of 5 6 the population which don't have good cross-reactive 7 And so whether it's swine flu in 2009 or previous pandemics in the 20th century, like 1968 and 8 9 there's been others, but at least in influenza, yeah, 10 it's not occurring on -- everywhere in the world, 11 because that occurs every year, but it's a major change 12 that increases the symptomatic infectivity, so 13 morbidity as well as mortality. 14 So some years, influenza is severe enough to be Q 15 pandemic and other years, it's not; do I have that right? 16 17 Correct, yeah. Α So you said that COVID was severe enough in the 18 beginning to be, you know, at least as bad as a 19 20 pandemic influenza, but is it now at the point of 21 seasonal influenza? Is that a proper way to 22 characterize it? 23 Yeah, once it becomes endemic, that's a good question. 24 Again, some of the definitions are going to be 25 arbitrary. You'll talk to some experts now who will say, oh, COVID's already endemic, others will say no. 26

- 1 You know, a lot of people will say, okay, with Omicron,
- 2 that's what we're seeing now, it's endemic, we have so
- 3 many people infected. And others will say, well, no,
- 4 we can't call it endemic.
- 5 There's essentially uniform agreement that it will
- 6 be endemic, it's just kind of defining where that's
- 7 going to be is somewhat arbitrary. But, yes,
- 8 SARS-CoV-2 will be endemic, and whether you want to say
- 9 that that's now or whether it's going to be three, six
- 10 months from now, it's I think relatively arbitrary how
- 11 you say it. It was pandemic; it's going to be endemic.
- 12 Where you define that cutoff, I don't think it's easy
- 13 to kind of say one particular --
- 14 How I would define is that we start seeing a
- 15 different respiratory virus predominantly, because we
- 16 haven't seen massive waves of influenza, and that's not
- 17 unusual. So like in the hospital, we see different
- 18 respiratory viruses at different times, and so we have
- 19 a usual wave of influenza, say, in January, it's after
- 20 influenza leaves that we're going to see some of the
- 21 other important respiratory viruses in the waves of,
- 22 say, parainfluenza or human metapneumovirus.
- 23 And how I would define the endemic state of
- 24 SARS-CoV-2 is once we start seeing the return of waves
- of other important respiratory viruses, maybe it's in
- 26 the spring with human metapneumovirus, I don't know,

- 1 but once that occurs, when we're having more cases of a
- 2 different respiratory virus, I think we can safely --
- 3 to me, that's an objective criteria of how to kind of
- 4 define the endemicity of SARS-CoV-2.
- 5 Q At what point in time did you become confident that
- 6 SARS-CoV-2 was going to be endemic?
- 7 A Once you have community transmission on every
- 8 continent, yeah. So it would have been within weeks of
- 9 the pandemic.
- 10 Q Okay, but just to clarify then, that would place you in
- 11 January 2020?
- 12 A No, no. Like early April 2020.
- 0 Okay, so just to clarify, by early April 2020, you
- looked at the data and thought this is going to be
- 15 endemic?
- 16 A Yeah, absolutely.
- 17 Q So at that point, attempts to completely stop the virus
- 18 are futile?
- 19 A Yeah, absolutely.
- 20 O At that point, were attempts to slow it down
- 21 theoretically possible to work?
- 22 A No. I think each different thing can be judged based
- on the evidence, and that's what I do in my report. I
- think most interventions had little or no effect, and
- 25 the evidence is bearing that out. We know that from
- 26 previous similar infections and -- but each different

- intervention would have to be judged on its own merits,
- 2 so whether it's masking or lockdown, kind of
- 3 shelter-in-place, or, you know, testing in isolation,
- 4 each of those factors can be judged on its different
- 5 merits. But I think what we've clearly seen is that
- 6 the interventions put in place have not had a
- 7 significant effect.
- 8 Q And you do realize that many people say that they have
- 9 had a positive effect?
- 10 A Yeah.
- 11 Q And you disagree with them; is --
- 12 A I do.
- 13 0 -- that fair to say?
- 14 A Yeah.
- 15 Q And now, generally speaking, correct me if I'm wrong,
- but at least in Canada, aren't the vast majority, if
- 17 not all, you know, public health agencies and
- 18 government bodies and medical officers of health saying
- 19 that, look, these measures did work over the last two
- 20 years; isn't that right?
- 21 A Yeah, there's lots of people claiming that, but it can
- be debated endlessly as to what actual effect they did
- 23 or did not have.
- 24 Q Well, at least for you personally, is there a debate
- 25 happening?
- 26 A Yeah, there's actually really starting to be a debate

both in society generally but in the academic 1 literature as to what effect these different measures 2 3 had or didn't have, and again each one needs to be 4 judged based on the merits of each different intervention. 5 6 But, yeah, both in the general public, I think, 7 globally, we're seeing an openness to debating and seeing what the actual risk and downsides have been to 8 9 each individual intervention, but we're seeing that in 10 the academic literature as well. In your experience, have the public health agencies and 11 medical officers of health in Canada been open to 12 13 having that debate. 14 You know, I think most of the public health agencies in Canada have had similar strategies and have not kind of 15 differed too much from themselves. I think if you look 16 at somewhere like Europe or the United States, which 17 have similar numbers of jurisdictions, a few dozen 18 jurisdictions in each of them and there's been wide 19 differences, and so looking at different states and 20 comparing them and looking at different countries in 21 22 Europe and comparing them can be helpful. But, again, 23 that has to be done carefully, because, as I mentioned 24 in my report, just doing that is the lowest level of 25 evidence, and it kind of commits the ecological fallacy in statistics. 26

1 But, anyway, I do see quite a change in, you 2 know -- for instance, right now, a big debate, you're 3 seeing it in all sorts of media, whether it's the New York Times or The Atlantic but also in the academic 4 literature just this week about, you know, masking 5 6 school age children. Like the New York Times and The 7 Atlantic, you know, having articles this week, it's just been in the last few days, saying, yeah, the 8 evidence just isn't there, you know, we don't need to 9 10 be masking young school age children in schools. 11 we're seeing these kind of studies come out in the 12 medical, the academic literature as well. 13 And I think what happened in the past is that, in 14 the absence of a lot of that evidence, assumptions were made, and we -- you know, the term for that is called 15 medical reversal, and it's very difficult, once 16 17 assumptions are made, to reverse kind of course, and so 18 you're gathering a lot more information now and seeing both the risks and benefits of various different 19 interventions. 20 You just talked about how, once assumptions are in 21 0 22 place, they're very difficult to reverse or change; 23 does that help to explain why the public health agencies in Canada sort of refused to listen to experts 24 25 like you and cease the restrictions? 26 Yeah, you know, there are many different reasons for Α

1 why things occurred, yeah. You know, that's a whole 2 other topic, why one group was listened to and one not. 3 But that evidence is accumulating now, and so that's why you're seeing a lot of jurisdictions treat this 4 very differently. Once that evidence is becoming more 5 6 and more clear, more and more robust, you're seeing a 7 lot less restrictions. Those assumptions you mentioned, are they, for the most 8 0 9 part, false or wrong or inaccurate? 10 Α Well, again, it really depends on what you're talking If you talk about, say, again masking 11 about I think. 12 children, there's next to no studies in that. 13 talk about studies in masking adults. The masking of 14 healthy children, there was just no studies prior to 15 the pandemic, but the assumption is, well, masks are good for health care workers in high-risk settings, 16 they must be good for children. 17 And as evidence accumulates, there should have 18 There -- no randomized control trials of 19 been more. 20 children were done in the pandemic when they should 21 have been, they should have done cluster-randomized 22 trials of different schools and classrooms, just like 23 they did the cluster-randomized trial in Bangladesh, 24 and then we could have quantitated. But the assumption 25 was made, oh, they must be good, so we're going to do 26 it, but then as the evidence accumulates, we learn more

that there is no benefit, and so we shouldn't be doing 1 2 it. 3 In fact, there's lots of harms with regards, particularly, with emotional and cognitive learning in 4 children if you mask both the children and the 5 6 teachers. 7 Now, I'm going to ask you a little bit about one of 0 those assumptions, and that's asymptomatic 8 9 transmission. So this is on page 3 of your report, the 10 third section. You say in your report that the rates 11 of transmission from asymptomatic persons is 12 substantially less than from symptomatic persons. 13 the first question I have for you, of course, is has 14 the data or your opinion changed on that in the last 15 year? 16 No, it has not changed. 17 Now, what do you mean by "substantially less"? Give us an idea of how much less asymptomatic transmission is 18 19 than symptomatic. Well, I note a number of studies, but I think the most 20 Α 21 important one would be study 53, because it's a 22 meta-analysis of household transmission, and household 23 transmission is, by far, the most important location of 24 transmission. So some estimates are as high as 80 25 percent of all transmission occurs within the 26 household, and that makes sense, this is where people

1		are in intimate contact wit	th each other. So this study
2		I think is very helpful and	d very reliable.
3		So it's looking at hou	usehold transmission, which
4		is the most important factor	or or place where
5		transmission occurs. It has	ad a large number of
6		participants, close to 80,0	000, and the difference
7		between and it can be co	ontrolled. Like a household
8		is kind of like a unit, and	d so, again, I think this was
9		a very good study and very	representative of the
10		literature and reliable, ar	nd it showed that the
11		difference between symptoma	atic transmission and
12		asymptomatic transmission was about 25 times. And so I	
13		think that would be where	I would you know, get that
14		word "substantial".	
15	Q	Thank you.	
16		THE CHAIR: Mi	r. Kitchen
17		MR. KITCHEN Ye	es.
18		THE CHAIR:	- I just wonder, is there a
19		point, a logical point in y	your approach where we could
20		take a short break?	
21		MR. KITCHEN: Ye	es, I was planning to after I
22		finished asymptomatic transmission, and I don't think	
23		I'm going to be on that very much longer	
24		THE CHAIR: O	kay, thank you.
25		MR. KITCHEN	- so just a couple more
26		minutes.	

```
1
                                Dr.
                                     you further say
         MR. KITCHEN:
 2
         that asymptomatic transmission does not warrant being
 3
         considered a significant contributor to the overall
         transmission burden. Now, maybe that's obvious based
 4
 5
         on what you just said, but can you just explain why
 6
         that's your opinion?
 7
         So it can be -- my opinion can be considered in a
         number of domains. The first is just the number
 8
                  So if we're talking about something that's 25
 9
10
         times less important, I think that's one domain.
                                                            The
11
         other domain, you know, relates to the point we've
12
         already discussed, which is the fact that the virus is
13
         going to be around forever, and kind of related to that
14
         is the idea of treating an asymptomatic person as
         diseased. I think that has huge, kind of moral,
15
         philosophical, whatever implications. And so you have
16
17
         something that's going to be around forever, you can't
         treat the entire population, you know asymptomatic, as
18
         potentially infected with regards -- just on a moral --
19
20
         in my opinion, of course, but on a philosophical level,
         you can't -- it's dangerous I think, societally, to be
21
22
         treating everybody who otherwise looks healthy as a
         potential germ carrier for an infection that's widely
23
24
         prevalent and going to be around forever.
25
         But is it, nonetheless, scientifically accurate?
```

What's scientifically accurate?

26

1 That there are a large number of asymptomatic healthy 0 2 people going around that, you know, are harbouring 3 something that can make people really sick, and they're 4 likely to transmit it even though they're healthy? Well, I think it's just best to use numbers like I use 5 Α 6 in my report. Like I think the best evidence that we 7 have is that asymptomatic transmission is 25 times less than symptomatic transmission, and to me, that -- you 8 9 know, that's -- statistically that's a relatively large I'm happy to call that substantially 10 number. 11 different. 12 So it's not a good assumption that -- that most healthy 0 13 people could transmit this thing? 14 Α No, I don't think it's justified, based on the evidence, that we should be treating every healthy 15 asymptomatic person as a potential -- potentially 16 17 infected with SARS-CoV-2. You know, I think -- again, everything to be qualified, if you're talking about 18 someone who is in very close contact, you know, of 19 20 And so, of course, there's going to be course. exceptions to the rule, but it just proves the rule. 21 22 But I think, generally, at a population level, I don't 23 think the evidence warrants treating everybody in the 24 population who is asymptomatic as a potential transmission risk for SARS-CoV-2. 25 26 Now, I'm going to come to masking after the break, but Q

- just help me out, isn't that the assumption behind
- 2 mandatory masking of all healthy people? Like
- 3 (INDISCERNIBLE) --
- 4 A That's -- yeah, that's certainly one of the assumptions
- for masking the healthy general public, absolutely.
- 6 Q Almost done before we break. Now, as you know, Dr.
- 7 on page 6 of his report says your opinion regarding
- 8 asymptomatic transmission is, quote, contradicted by a
- 9 CDC report which says that 60 percent of COVID
- 10 transmission is asymptomatic. Now, Dr. does not
- 11 provide the citation for this report, but are you aware
- of what report he is referring to?
- 13 A No, I'm not aware.
- 14 Q Do you find that strange that he didn't cite to the
- 15 report?
- 16 A Well, I can't comment specifically on that, but
- 17 generally if you're going to cite a number or a
- 18 statistic or discuss a number or statistic in either
- 19 the academic literature or a formal document such as
- this, you would provide a reference, like I did with
- 21 all of mine.
- 22 Q Well, do you think the -- I guess you've already
- answered this, but, just to clarify, do you think the
- 24 balance of the scientific literature that is available
- 25 supports your opinion that symptomatic transmission is
- 26 way more prevalent than asymptomatic?

```
Yes, that's what I state in my report, and I don't --
 1
     Α
 2
         my opinion has not changed, that symptomatic
 3
         transmission is substantially more important than
         asymptomatic transmission.
 4
                                  So that's it for me for the --
 5
        MR. KITCHEN:
 6
         you know, we can break now, and then I'll have some
         more when we come back. I'm, you know, probably
        halfway through, maybe a little less, but close to
 8
 9
        halfway through.
         THE CHAIR:
10
                                  Okay.
                                         Thank you, Mr. Kitchen.
11
                   we're going to take a 15-minute break,
         And, Dr.
12
         and you can put your connection -- you can mute and
13
         turn your camera off during this period, but please
14
         don't break the connection to the meeting and don't
         speak with Mr. Kitchen, and we will see everybody in 15
15
         minutes.
                   25 to 11 I think.
16
17
         (ADJOURNMENT)
         THE CHAIR:
                                  Mr. Kitchen, the floor is
18
19
        yours once again; we'll resume your direct examination
20
         of Dr.
21
         MR. KITCHEN:
                                  Thank you.
22
        MR. KITCHEN:
                                Dr.
                                     from pages 3 to 5
         of your report, you discuss the evidence for lockdown
23
        measures, generally speaking, including physical
24
25
         distancing. Prior to the year 2020, was there much
26
         scientific evidence or academic literature in support
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of the effectiveness of physical distancing? 1 2 No, there was essentially none, and that -- I think I 3 gave a quote in -- yeah, there's a systematic review 4 published in -- it was a Cochrane systematic review, and towards the end of page 4, I quote: (as read) 5 6 There was only one randomized controlled trial of quarantine and no trials of screening and (INDISCERNIBLE) or for physical 8 9 distancing. 10 So the highest level of evidence, as I discussed in 11 other parts of my report, are randomized controlled 12 trials or meta-analysis of randomized controlled 13 trials, and there was just none of that evidence with 14 regards to various lockdown measures prior to the 15 pandemic. I can discuss that one randomized trial that they 16 17 discuss there, but -- in a quote. There was a randomized controlled trial in influenza in Japanese 18 persons. What they basically randomized Japanese 19 20 workers to is that home quarantine while they were symptomatic or not. And what it found is it had no 21 22 significant difference on overall rates of influenza. So what happened is these Japanese workers, who 23 were quarantined at home, did -- their offices, their 24 25 co-workers had lower rates of influenza, but it was 26 counter-balanced by higher rates of influenza within

these quarantine workers' families. And so in the end, it made no overall difference, because it just shifted the number of infections from one place to the other.

And there are some interesting papers out there to suggest the same thing happened in COVID-19, because the household is already the highest -- or the most likely case -- a place of transmission, when you have a whole bunch of people sheltering in place, either you're just transferring infections from one place to the other, or, in fact, there's some people that would argue that infections may have been increased because of that.

Particularly in congregate settings, because you're -- places like nursing homes, group homes, other places where people are living but within close proximity to others that we have these shelter-in-place restrictions, it may actually increase the numbers of infection.

But, again, the evidence there isn't clear.

There's lots of people kind of debating that, but prior to COVID-19, there was essentially no evidence for the positive effect of various different lockdown measures, including physical distancing, isolation -- or, you know, sheltering in place.

So is it basically there was a hypothesis that this could work, and then that hypothesis was implemented;

is that sort of what happened back in the -- you know, 1 2 early 2020 in Canada? 3 Yeah, there are a lot of different things going on 4 here, I'm happy to talk about that, but, number one, a lot of the decisions were based on modelling. 5 And as 6 part of my Masters, I've done some modelling courses. 7 And one of the key metrics in modelling is this factor called Beta, which is just the average number of 8 interactions a person in the model is going to have 9 10 with other people. And by changing that one number in 11 modelling, at least, you can change the size of waves 12 or the number of infections and things like that. So because a lot of decisions were based on 13 14 modelling, and that one factor is so important in the modelling, the idea was if we can decrease the number 15 of interactions people have with other people, then 16

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modelling, and that one factor is so important in the modelling, the idea was if we can decrease the number of interactions people have with other people, then we're going to greatly decrease the number of infections. Again, I think there's various problems with that: Number one, the idea that most transmission occurs in households and kind of really isn't considered in that; number two, as I talked about in population density, in very population-dense areas, even sheltering at home, you're actually not reducing the number of -- significantly reducing the number of people, other people you are going to interact with, because you're still going out to walk your dog, you're

- 1 still going to the grocery store. You know, if I'm in
- 2 downtown Toronto, and I'm walking two blocks to the
- 3 nearest grocery store, I'm interacting with a lot of --
- 4 I'm going by a lot of people, and -- anyway. So that's
- 5 one thing number one.
- 6 Then the other issue is that policies were
- 7 going -- at least early on, very early on, were going
- 8 to be heavily influenced by what happened with
- 9 SARS-CoV-1. And what happened with that infection is
- 10 that various different quarantine -- there were no
- 11 lockdowns, but that infection was able to be controlled
- 12 with various public health measures, mostly just the
- 13 usual stuff: Sick patients are kind of quarantined to
- 14 learn better; testing and tracing, so testing and
- 15 tracing all of their contacts. But that infection,
- 16 didn't last long, occurred -- recurred briefly in
- 17 various places like Singapore and different cities in
- 18 China and stuff.
- 19 But I think early on, because it wasn't that long
- 20 ago, it was I think only 16 years previous, a lot of
- 21 the policy was heavily influenced from that, and
- 22 pandemics have a deep kind of social history, right?
- 23 Like when you talk about things like the Black Death,
- in a lot of places in Europe, you know 50 percent of
- 25 the population died from that pandemic and from plague,
- 26 and there have been many others and stuff as well.

1		So deep within the societal consciousness, you
2		know, there's fear of major infections. And in some
3		cases, in different infections historically, lockdown
4		or lockdown-like measures have worked, and you think of
5		things like smallpox and quarantine. So you had, you
6		know, a boat with you know, you think of 1720s
7		Boston, and there's evidence, you know, of this, you
8		have a and there's no smallpox in Boston, but you
9		have a boat coming in over from England where there's
10		people with smallpox on it, well, that boat is
11		quarantined, it's locked down in the harbour for
12		several weeks until there's no more transmission of
13		smallpox. And I can give many other examples from
14		history.
15		And so it's a complicated issue with regards to
16		lockdown, quarantine, things like that, so I think
17		those are kind of the three main ones that I just
18		addressed.
19	Q	Thank you. I mean, I guess you've touched on this, but
20		just to be specific, has the evidence, you know, over
21		the last two years substantiated the theory that
22		physical distancing is effective?
23	A	No, but, again, it's a hotly debated topic because we
24		don't have the best evidence. The best evidence is
25		randomized controlled trials, and those trials could
26		have been done. And, in fact, in small instances, they

- 1 have.
- 2 So most of the evidence, what we're doing is
- 3 ecological studies, so comparing one jurisdiction to
- 4 the other. And as I mentioned with regards to masks,
- 5 there's all sorts of statistical problems with that.
- 6 And, you know, debating various different lockdown
- 7 measures kind of with the type of evidence we have is a
- 8 whole other discussion, but the best evidence,
- 9 randomized controlled trials, which should be done for
- 10 everything, we just don't have that evidence.
- But I give an example of one that was done, and
- 12 it's something that should have been done more, so in
- 13 Massachusetts, they did a randomized controlled trial
- 14 of school children of 3-feet distancing versus 6-feet
- 15 distancing, and there was no difference. Okay, so it
- 16 was a cluster-randomized trial, much like the
- 17 Bangladeshi mask study, so you randomized classrooms
- 18 versus -- rather than people. That's the standard way
- 19 of doing this type of intervention. And they showed
- 20 that there's no difference between 3 feet and 6 feet.
- 21 And so that study kind of proved the point that
- 22 that type of study can be done and should have been
- 23 done everywhere throughout the pandemic, looking at a
- 24 variety of different interventions. And when that type
- of study is done, what it will show, and what it showed
- 26 prior to, as I talked about with that Japanese worker

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1 study in influenza, which I think was 2010 or so,
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- 2 somewhere around there, when those types of studies are
- done prior to COVID and the very few that have been
- 4 done during, they don't show much of an effect of these
- 5 different lockdown-type procedures.
- 6 Q Thank you. Now, I want to ask you some questions about
- 7 masks. On page 5 of your report, your section on the
- 8 evidence regarding masks, you refer to, quote, healthy
- 9 people, and I think we've touched on this, but just to
- 10 be clear, for you is asymptomatic the same as healthy?
- 11 A Well, asymptomatic, I think you're -- yes, I guess.
- 12 Again, it's depends on how you define your terms. If
- we're talking asymptomatic with regards to SARS-CoV-2,
- they could be unhealthy otherwise. They could have
- heart failure and diabetes and advanced-stage cancer; I
- wouldn't call them healthy, but they're asymptomatic
- with regards to respiratory symptoms.
- 18 O So healthy in regards to not having cold flu symptoms?
- 19 A Right, yeah.
- 20 O Okay. Is a mandate that all chiropractors wear a mask
- 21 at all times in their office, is that effectively a
- 22 mandate that all asymptomatic chiropractors wear a mask
- 23 at all times in their office?
- 24 MR. I'm going to have to object to
- 25 that, Mr. Kitchen. I think that's a pretty central
- 26 question for the Hearing Tribunal to decide.

- 1 MR. KITCHEN: Well, you're going to have to
- 2 explain that.
- 3 MR. Well, we can't ask this
- 4 witness to comment on the College's mandate and its
- 5 broader implications of it. I think your question is a
- 6 little too broad, Mr. Kitchen.
- 7 MR. KITCHEN: Well, I'll rephrase it again,
- 8 just -- not rephrase it, but say it again, because I'm
- 9 struggling with that. I'm asking him is it logically
- 10 accurate that a mandate that all chiropractors wear
- 11 masks at all times in their office is a mandate that
- 12 all asymptomatic chiropractors wear a mask at all times
- in their office? I'm asking if those two things are
- 14 logically equitable. That's got nothing to do with any
- 15 determination that the Tribunal has to make.
- 16 MR. I guess you can take this
- 17 witness to the Pandemic Directive, Mr. Kitchen, and you
- 18 could ask him to comment on that, but I'm not sure I
- 19 agree with you. I think that that's a broader question
- 20 that goes to I think one of the conclusions the
- 21 Tribunal is going to have to make based on the issues
- 22 you are raising.
- 23 MR. KITCHEN: That being --
- 24 THE CHAIR: Mr. Kitchen, the first part of
- 25 your question is all chiropractors, right?
- 26 MR. KITCHEN: Right. And I, you know -- I

- 1 thought this was not contentious. Maybe my friend can
- 2 tell me. I mean, as far as I know, there's no
- 3 disagreement here that the Pandemic Directive says that
- 4 all chiropractors must wear a mask at all times while
- 5 in their office.
- 6 Do you take issue with my characterization,
- 7 Mr.
- 8 MR. The Pandemic Directive says
- 9 what it says in terms of chiropractors having to wear
- 10 masks when they treat patients. But I think, in
- 11 fairness, you'd have to take this witness to the actual
- 12 wording in the Pandemic Directive and ask him what his
- interpretation of it is, and I might have some
- 14 objections I suppose to that. But I think your
- 15 question, as it's framed, I just think is too
- 16 general --
- 17 MR. KITCHEN Okay.
- 18 MR. -- or relates to one of the
- 19 issues this Tribunal's going to have to decide on.
- I don't have a problem with you asking questions
- 21 about masking and asymptomatic patients, you know,
- 22 that's not -- I'm not going to object to that, of
- 23 course.
- 24 MR. KITCHEN: Well, do you have any
- 25 objections to me reading to him what the directive says
- 26 in that portion?

- 1 MR. I don't think I would. I
- 2 think I would have objections to you asking him about
- 3 the -- I want to say it, how that applies in the
- 4 chiropractic office vis-à-vis a chiropractor and
- 5 patients.
- 6 MR. KITCHEN: Well, at least for this
- 7 question, I'm not asking.
- 8 MR. Yeah. Well, as I said, I
- 9 think it's probably better to take him to the Pandemic
- 10 Directive if you want to ask questions about the
- 11 meaning and intent of the Pandemic Directive. That's
- 12 all I'm saying here is it just seems to me that this is
- 13 a little bit of a bigger picture issue that the
- 14 Tribunal's going to have to decide on.
- 15 THE CHAIR: Would it be possible to put
- 16 that directive up on the screen?
- 17 MR. KITCHEN: I don't know if Ms. can
- 18 do that quickly. The only reason I don't want to --
- 19 I'm just trying to save time.
- 20 MR. And, Mr. Kitchen, you know, it
- 21 says what it says --
- 22 MR. KITCHEN Yeah.
- 23 MR. -- I'm not -- if you want to
- 24 ask your client about whether he thinks that directive
- is, you know, scientifically supported, you've been
- 26 doing that already, I suppose, indirectly; I'm just a

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         little concerned about saying -- you know, asking him
         to draw a conclusion about this specific directive in
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 3
         the context of, I guess, the charges that are in front
         of the Tribunal.
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                                  Well, let me ask a series of
 5
         MR. KITCHEN:
         open-ended questions, and maybe we can resolve this.
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 7
         MR. KITCHEN:
                                Dr.
                                     -- my friend can
         intervene if he thinks this is a problem -- but there
 8
         are approximately 1150 regulated chiropractors in
 9
         Alberta. That's somewhere in the record; I don't think
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11
         that's contentious. Is it possible that -- well, is it
12
         possible that all of them are going to be symptomatic
         at exactly the same time?
13
14
         I don't totally understand the question, but obviously
         not; I don't think there would be 1100 people
15
         symptomatic at the same time.
16
17
         And I can tell you this because it's in the record, I
         don't think it's contentious, chiropractors are not
18
         actually in the directive. I can't say precisely right
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20
               Certainly in the relevant time period here which
         we're talking about, which is about May 2020 to
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22
         December 2020, chiropractors weren't, in fact, allowed
         to be in their office if they were symptomatic, okay?
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         So if there's a requirement -- and I'll read it to you
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         if I have to, but, again, I don't think I'm
26
         mischaracterizing it -- if there's a requirement that
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1		chiropractors wear a mask while in their office
2		treating patients, and that requirement is static or
3		universal, is that not a requirement that asymptomatic
4		chiropractors wear a mask at all times in their office
5		when they're treating their patients?
6	A	So from what I understand from the question, I'm not
7		again entirely sure, but it sounds like the directive
8		says that chiropractors may not practice or be in their
9		office if they're asymptomatic [sic], and presumably
10		that's the same for their patients as well with regards
11		to COVID symptoms; and so I think the question then is
12		if they're not allowed to be in their office or
13		practicing seeing patients, if they're symptomatic,
14		then, by definition, they're wearing a mask as
15		asymptomatic persons while performing the chiropractic.
16		Is that correct? And so that's what you're asking?
17	Q	That's what I'm asking, yes.
18	A	Yes, okay.
19	Q	I'm going to ask you a few questions about health care
20		settings and non-health care settings, but let's first
21		talk about non-health care settings. You say in your
22		report that when limited to the strongest types of
23		evidence, RCTs as we've discussed, there is no evidence
24		in support of healthy or asymptomatic people wearing
25		masks in non-health care settings. You've already
26		explained all that.
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1 Just to clarify, because I know that, you know, 2 this is an issue with Dr. there are multiple 3 peer-reviewed publications that support your position on that? 4 Yes, so as I state in my report, pages -- and page 5 5 6 primarily, so prior to COVID, there was studies of randomized controlled trials of masking asymptomatic persons. Most of the studies were relatively small. 8 Some showed marginal benefit, others didn't. And when 9 10 those -- when randomized controlled trials are put 11 together and all of the evidence and all of the 12 patients are compared in one big group, it's called 13 meta-analysis. And there's three meta-analyses, all of 14 them done just prior to COVID, in fact, one of them, the Cochrane review, done during COVID but was only 15 including studies done prior to COVID that showed there 16 was no difference. 17 18 And so that's what happens, when you have randomized -- and the randomized controlled trials 19 20 looking at masking healthy people primarily to prevent 21 influenza were relatively small, and they're 22 contradictory. Some would say, yeah, there's some marginal benefit, others no. 23 And so the standard way of kind of deciding the 24 25 issue is a meta-analysis. And three meta-analyses said 26 that the bottom line is that there is no evidence of

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         masking healthy persons in the community to prevent
 2
         respiratory tract infection, and that was primarily
 3
         influenza, but not -- see, that's tricky, it was
 4
         primarily influenza, but it was influenza-like illness,
         ILI, which is a very standard, more or less symptomatic
 5
 6
         definition than a laboratory based definition, because
 7
         never in history have we done such extensive testing on
         a respiratory virus than we've done on SARS-CoV-2,
 8
 9
         COVID-19.
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         Now, to your knowledge, have there been RCTs done since
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11
         writing your report, you know, on masking in the
12
         context of COVID?
13
         Yeah, so in my report, I mention one randomized
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14
         controlled trial done early in Denmark --
15
         Yeah.
     0
         -- with regards to masking, and it showed no
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17
         significant difference. And since then, there has --
         there's been two performed, one of -- so one was in
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19
         Africa, I forget the exact country, that has -- even
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         the preliminary results haven't been published, but it
21
         just finished I think in November, Guinea-Bissau I
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         think is where it -- anyway, I don't want to say for
         sure -- but it was a -- I think a large
23
         cluster-randomized trial as well.
24
              But there was a large study that's been discussed
25
         in the media for the last few months, done in
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It was a cluster-randomized trial of over 1 Bangladesh. 2 300,000 persons in Bangladesh. And so what they did is 3 they randomized villages to wearing masks or not, 4 rather than persons, but the number of -- total number of people was over 300,000. 5 6 It's interesting that study was finished last 7 summer and published on the study investigator's website I think at least September 1st, but it hasn't, 8 9 as far as I'm aware, even appeared in a preprint form, 10 much less peer-reviewed literature, but it's widely 11 discussed in the media, and there are certainly some 12 conclusions that can be taken from the data that's 13 available. 14 And what would those conclusions be? 0 So the bottom-line conclusions were that -- so they 15 Α cluster-randomized some villages to cloth masks and 16 some villages to medical masks, and the overall 17 18 benefit, if you include both those groups, was very small. So the absolute risk reduction -- I can just 19 20 bring it up here -- the absolute risk reduction was 21 from .76 percent down to .69 percent, so a 0.7 percent 22 reduction. That's the absolute risk reduction. 23 So what that says is that -- and so there's some 24 important features to consider when we're talking about 25 this study. One of the most important things is what 26 was the primary end point. So the primary end point

- 1 was not death, was not hospitalization -- at least in
- 2 the initial report, they don't even mention that -- the
- 3 primary end point was serologically confirmed symptoms,
- 4 so people who had symptoms of COVID and then had a
- 5 serology test indicating that they had the infection.
- 6 Okay, so it's really produced -- it's really a study of
- 7 where the end point is infection, okay?
- 8 And in the control group, no masks. The rate of
- 9 infection was .76 percent, and in the treatment group,
- 10 overall, it was .69. So relatively low rates of
- 11 infection in both, but then we can compare them. So
- 12 that's important.
- But then when they broke that down into the
- 14 treatment, and they broke it down into cloth masks
- 15 versus medical masks, the cloth masks actually had no
- 16 effect, no benefit whatsoever statistically. And then
- 17 when they look at surgical masks only compared to
- 18 control, which is no masks; in controls, again, it was
- 19 .76 percent, in surgical mask villages, it was .67
- 20 percent. So for an absolute risk reduction of .9
- 21 percent.
- 22 And in randomized controlled trials, the absolute
- 23 risk reduction is a very important number, because when
- 24 we take the inverse of it, so we just 1 divided by the
- 25 absolute risk reduction, we get what's called the
- 26 number needed to treat; so if we did the same thing in

064

- 1 the study that they did, how many people would we need
- 2 to treat without intervention to get one effect.
- 3 So if we take .09 percent and do the inverse of
- 4 it, it's approximately 1100, just over 1100. And so
- 5 what you need to do is take 0.009 and then take the
- 6 inverse. So 1 divided by 0.009, you get 1100, okay?
- 7 And so what that said -- and the study went on for
- 8 eight weeks; you can find that in the "Methods".
- 9 So what that tells us is we need to -- in a
- 10 general healthy population, we need to have 1100 people
- 11 wear a mask for eight weeks to prevent one infection,
- 12 not one death, not one hospitalization, but one
- 13 infection. So 1100 people wearing a mask for eight
- 14 weeks to prevent one infection, and that's a remarkably
- 15 high number. Like if there's any sort of intervention
- 16 that we're studying in cardiology or infectious
- 17 diseases or, you know, in my -- like with antibiotics
- 18 and bacteria or, you know, cardiology, that number is
- 19 remarkably high. Generally something over -- between
- 20 50 to 100 is high, but anything over that -- like
- 21 anything under 50 would be kind of low.
- 22 And it's not a hard outcome. It's always
- 23 important to say what's the outcome. And maybe it is
- 24 worth masking 1100 people for eight weeks to prevent
- one death, but it's not; it's masking 1100 for eight
- 26 weeks to prevent one infection.

- 1 So that's the best evidence we have in SARS-CoV-2
- 2 Q Thank you. Now, on this vein, Dr. compared
- 3 conducting RCTs on masking in the context of COVID and
- 4 health care workers to conducting RCTs on parachutes in
- 5 the context of people jumping out of airplanes. You're
- 6 aware of that, right?
- 7 A Yeah, I read that.
- 8 Q What's the likelihood that a person who jumps out of a
- 9 plane without a parachute will live?
- 10 A Presumably zero.
- 11 Q What's the likelihood that a person who contracts COVID
- 12 will live?
- 13 A Depends on the age group, but, overall, in all persons,
- it's probably over 99 percent.
- 15 Q Is it reasonable to compare the strength of evidence in
- support of the effectiveness of parachutes to the
- 17 strength of the evidence in support of the
- 18 effectiveness of masks?
- 19 A No, not at all. This is how we answer questions in
- 20 medicine; we do randomized controlled trials, and those
- 21 randomized controlled trials have been done with masks
- and health care workers in lots of other contexts,
- 23 including other important infections like influenza.
- 24 Yeah, there have been randomized controlled trials
- looking at is a cloth mask similar to a medical mask in
- health care workers in influenza, and it showed cloth

- 1 masks -- and just that study too, I don't know, it was
- 2 done 10, 15 years ago, showed cloth masks are -- yeah,
- 3 cloth masks were useless for health care workers. The
- 4 medical mask was better for the health care worker
- 5 taking care of a patient with influenza.
- 6 We've looked at masks in a lot of surgical
- 7 contexts. So there's lots of places in the hospital,
- 8 especially -- like prior to COVID, there's a lot of
- 9 places in the hospital, a lot of contexts, where masks
- 10 were not indicated, and it was studied. Yeah, I think
- 11 a lot of surgical indications, they've tried to prevent
- 12 surgical site infections with wearing masks, and there
- 13 was no benefit.
- 14 We've looked at a lot of -- some pretty good
- 15 studies published in the New England Journal and JAMA I
- 16 think, again prior to COVID, in the context of
- 17 influenza or influenza-like illness, comparing N95s to
- 18 surgical masks for health care workers taking care of
- 19 persons with ILI, the most -- prime-most influenza, and
- 20 there was no difference, and so --
- 21 And I know that one of the main authors of that
- 22 study was at McMaster, Mark Loeb, and he tried to do a
- 23 randomized controlled trial in COVID, but just there
- 24 was such a default assumption that N95s would be better
- 25 for treatment of COVID that, as far as I'm aware, that
- 26 they were not able to actually do that study, because

the assumption was made, even though I think in the absence of evidence, what you do look at is similar context, and in this case, similar context done by the same authors, looking at N95s versus surgical masks in the context of influenza showed that there was no difference. And so I think it was very reasonable, from a clinical equipoise, statistical equipoise to ethics to do that study in SARS-CoV-2 as well.

So there's been lots of randomized controlled trials in health care workers to define who and who does not need to wear a mask, and who and who does not need to wear certain types of masks, lots of areas where masks are not needed for health care workers, including in infections, think of things like c. difficile or MRSA, we don't mask health care workers, but we make them gown and glove because of the route of transmission is not the respiratory tract.

Dr. is adamant that mandatory masking in a health care setting prevents the spread of COVID, although he's less certain about community settings. You refer to a large body of evidence in your report that mandatory masking of healthy people does not work at all in community settings, we've been discussing that, but do you have any reason to think that although masking of healthy people is completely ineffective in community settings, it might, nonetheless, be highly

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1
         effective in health care settings as Dr. says?
 2
         Sorry, I was looking at my report. Can you just
 3
         restate that?
         Sure. So, you know, Dr. says, look, they're really
 4
         effective in health care settings, probably effective,
 5
 6
        but less effective in community settings.
 7
         basically his position. Your position, in your report,
         is that, well, look, it's completely ineffective in the
 8
 9
        healthy community, in the non-health care setting.
10
         even though that's your opinion, and you have all this
11
         scientific evidence to back it up, do you, nonetheless,
12
         think that Dr. might be right in that, even though
13
         it's not effective at all in the community setting, it
14
         could be really effective in the health care setting?
         Well, yeah, masks are effective in the health care
15
     Α
         setting, if that's what you're asking. Masks are
16
17
         effective in a health care setting, yeah, because it's
         been studied, but, again, it's totally
18
         context-dependent. And everything is context-dependant
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20
         and should be studied with regards to its context.
         we know, because we did the studies, that for taking
21
22
         care of influenza patients, health care workers should
         wear a medical mask, which is a three-ply mask.
23
         compared in a randomized controlled trial to cloth
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25
         masks, and it was superior, and it was control -- and
26
         it was compared in multiple randomized controlled
```

trials to N95s, and there was no difference. 1 So an N95 2 was not needed, so a medical mask, no worse then an N95 3 medical mask, no -- certain better than cloth, and so that context is clearly established. 4 Health care workers taking care of patients who have influenza-like 5 6 illness should wear a medical mask. 7 And so -- and there is definitely context in the health care environment where masks have shown, through 8 randomized controlled trials, which are the highest 9 10 level there is, that they're helpful, they're beneficial, but that evidence just does not exist in a 11 12 community setting. And also prior to COVID, studies have been done in 13 14 other health care settings within the hospital with other types of infections that show that masks aren't 15 universally necessary all the time, and it's totally 16 17 context dependent. 18 Right, so the effectiveness of the masks is dependent on the context of there being interactions between a 19 20 symptomatic patient and a health care worker? That's correct. 21 Α 22 Let me ask you a few questions about, you know, the 23 issue with health care settings and non-health care 24 settings, and I know we've touched on this, but in a 25 health care setting like a hospital, are there a large 26 number of symptomatic people expected to be present?

1 Yeah, absolutely. That's -- hospitals are -- have Α 2 lots, very high rates of symptomatic persons, and, 3 again, it dependents on what you're talking about. 4 Just unhealthy, yeah, they have all sorts of aches and pains, and, you know, heart attack, stroke, the -- but 5 6 also symptoms from respiratory virus, and, again, it's 7 going to depend on the season, because, in the middle 8 of the summer, we don't really see much viral 9 respiratory -- viral respiratory tract illness, but we 10 do see that, you know, in the winter months. again, it's going to depend on those other factors that 11 12 I talked about as well. 13 And that's been your experience working at the hospital 0 14 you work at? 15 Yeah. Α And, forgive me, but hospitals are -- are they designed 16 17 to receive patients symptomatic with a potentially infectious illness? 18 Yeah, there are other factors other than masks, 19 Α 20 obviously, there's ventilation, there's how rooms and 21 wards are designed, there's cleaning, so lots of 22 evidence about different cleaning things. So, you know, we have three main types of cleaners: 23 24 Ammonium-type cleaners and bleach-type cleaners and 25 peroxide; we talk about each of the different pros and 26 cons of those, so -- and then different types of

1 ventilation systems: You have negative-pressure ventilation for certain infections like tuberculosis 2 3 that are not required for other important respiratory infections like influenza. 4 Yeah, you have kind of distance between patients, 5 6 whether they're in their own room or whether they can 7 be divided by, you know, just a screen; you have other personal protective equipment like gloves or gowns. 8 Yeah, there's a variety of different factors that are 9 10 built into kind of the design and how a hospital works. 11 Are there any important differences between a setting, 12 a health care setting or any setting, where symptomatic 13 people are regularly present and then a setting where 14 symptomatic people are not present and only asymptomatic people are present? 15 Yeah, I think so. Like, you know, there's -- I think 16 Α 17 of something like a hospital, even in that case, you know, there would be scenarios where it doesn't make 18 sense to have everybody masked, even in the context of 19 20 Like if you have an outpatient clinic, say a COVID. mental health clinic, where you have a psychiatrist, 21 22 who is obviously healthy, he or she is not allowed to come to work if they have symptoms, and a healthy 23 24 patient, you know, let's say with some anxiety issues, 25 and there's cognitive behavioural therapy, which is -you know, they're talking, you have a context like 26

that, it's occurring in a hospital, but really that context, from a transmission risk point of view, can be considered like any other context within the population; and so you have them sitting 3 feet apart, they're just talking, they're both healthy, the risk of transmission, I would say it's even less than, say, that patient after discussing anxiety issues with the psychiatrist, going and getting their hair cut, because the person trimming their hair or giving them a haircut is actually closer to them than the psychiatrist.

And so even within the hospital, it's completely context-dependent. Even in kind of health care settings, it can be a relatively arbitrary definition. Yeah, it occurs in a hospital, but what's the actual risk, like how are these people physically relating to each other, what are their symptoms, and what's the actual risk?

So I would argue that the actual risk for the scenario I provided, you know, would be the same as essentially a similar type of scenario within the general public. Whereas it's completely different if you have symptomatic people on a ward that then -- the benefit of masking is theoretically there but then also proven by previous randomized controlled trials and influenza disease.

26 Q Thank you. Dr. where you work, are you

currently required to where a mask because of COVID 1 2 even when you're asymptomatic? 3 Yes. Α 4 And are there any similar or extra requirements from the CPSO to wear a mask because of COVID even when 5 6 you're asymptomatic? 7 I'm not sure entirely what you're Α I'm not sure. asking, but I think most of the policies that I would 8 9 follow, because I'm in infectious diseases, so I'm 10 taking care of COVID patients and stuff, so I think 11 most of the policies would be from my hospital rather 12 than the CPSO. Yeah. Sorry, I'm just not entirely 13 sure what you're asking there. 14 Well, I mean, certainly the general understanding is Q that most regulatory bodies, health professional 15 regulatory bodies across the province have fairly 16 17 sweeping requirements that their members wear masks 18 regardless of their symptoms. You know, the College of Chiropractors has it, the College of Physicians and 19 20 Surgeons of Alberta has it. So I'm just asking if 21 you're aware if the College of Physicians and Surgeons 22 of Ontario has a requirement like that. 23 Oh, I'm sure they do, yeah. Yeah, and it probably 24 doesn't really impact me because I'd be doing it 25 anyway, taking care of patients with infections, so --

but, yes, I'm sure they do. I haven't read it in

- detail, but it wouldn't impact me like it might impact
- 2 some other people who wouldn't routinely be wearing a
- 3 mask anyway in the course of their work.
- 4 Q Okay, so do you now wear a mask a whole lot more now
- 5 than you used to prior to COVID just because of the
- 6 type of work you do?
- 7 A Yeah, absolutely. Yeah, I have to wear a mask in all
- 8 contexts now, whereas before, it was context-dependent.
- 9 Q And do you think the requirements now are equally
- 10 rational or equally logical to what they were before
- 11 when they were context-specific?
- 12 A Well, as I discussed earlier, the evidence base is not
- there. And as I discussed earlier prior to COVID, the
- 14 requirement or need for masking, different types of
- masking was based on the context. And in many of those
- scenarios, it was actually studied, the most important
- 17 scenarios, things like TB and influenza. So now
- there's a requirement for masking in every context, but
- it's not substantiated by evidence.
- 20 O In the new context, where you are required to wear a
- 21 mask, do you, in fact, wear a mask even though you
- didn't used to before COVID?
- 23 A Yes, I wear a mask at all times when I'm in the
- hospital. But the type of mask I wear is still
- 25 different based on the context. So it can be a Level 1
- 26 mask in certain areas. When I'm actually in my office

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with my door closed, I'm by myself, I don't wear a mask
 1
         because I don't have to. But in other areas, if I'm
 2
 3
         just going to Tim Hortons to get a coffee, I just wear
         a Level 1 mask. In many clinical contexts, I can wear
 4
         a Level 3 and then an N95 in certain clinical contexts.
 5
 6
         When you wear a mask to go to Tim Hortons, do you do so
         because there's a law that requires you to do so?
 8
     Α
         Yes.
 9
         Do you disagree with that law?
10
         I would say it's not based on evidence, universal
     Α
11
         masking. And so I would say when I'm standing in line
12
         at Tim Hortons, I would say that's similar to like a
13
         community setting. Presumably, you know -- well, yeah,
14
         people who have symptoms are not allowed to be in line
15
         at the Tim Hortons as you are at the hospital.
         they're symptomatic patients, they need to, you know,
16
17
         reside in the rooms, and symptomatic staff are not
18
         allowed to come, not allowed to have symptomatic
         visitors, that kind of stuff. And so that would be
19
20
         considered community context, so as I've kind of argued
         in and out of places, the evidence base just is not
21
22
         there to say that that is required.
         I'm nearing the end, believe it or not. I just have
23
24
         some more questions about Dr.
25
              Now, from your observations, has the transmission
```

of COVID decreased in jurisdictions of mandatory

- masking as compared to jurisdictions with no masking? 1 2 So, you know, the classic example would be California 3 and Florida. Have you seen COVID transmissions decrease in California because of mandatory masking? 4 Yeah, again, so this is a huge other wide body of 5 6 literature and fraught with all sorts of methodological 7 and statistical problems, but what work there is out there, there is no difference with regards to masking. 8 You know, I think people can know that intuitively. 9 Like we've had in Canada all of these mask mandates for 10 11 15 -- yeah, probably 15, 16 months before Omicron hit, 12 and then, you know, it just blew through the society, 13 didn't make any difference. 14 I think intuitively no, but when we do ecological studies, which, again, have all sorts of methodological 15 problems, I would argue that the evidence shows that 16 there is no effect on transmission. And the best ones 17 18 are, you know, looking at the different states, because you have 50 different states or Europe, because you 19 20 have a similar health care systems, relatively similar 21 population, things like that. And, no, I would argue 22 that it does not. has stated that every country that has imposed 23 24 masking has experienced decreased transmission of 25 COVID. Do you disagree with him?
- 26 A Yeah, I don't know what that assertion is based on.

I'd love to kind of know what study he's referring to 1 2 in that. 3 Well, that's my next question. So you're not aware of 4 any academic literature that would support such a claim? 5 6 Α Again, there's a wide literature in that, but it's 7 fraught with all types of problems, and so one of the kind of classic fallacies is the progression toward the 8 mean, and we see this all the time where in the middle 9 10 of a wave, stuff is done, and then the cases come down, 11 and then it's attributed to whatever was done, but 12 that's just statistically wrong because there's always 13 going to be a regression toward the mean. A wave is 14 going to go up, and then it's going to come down, and you have to have a control group to decide whether your 15 intervention -- those are kind of before/after 16 ecological studies, which are even lower than, you 17 18 know, ecological studies with regards to the value of the evidence. It's essentially -- it's 19 20 hypothesis-generating at most, but very low quality of evidence. 21 22 And whatever -- what evidence there is out there, 23 can be -- because it's some very low methodological quality, it can often be twisted all sorts of different 24 ways. And there is -- and there is hundreds of 25 26 publications in that area with low methodological

```
qualities, so ecological studies or before/after
 1
 2
         studies, which, by definition, are low methodological
 3
         quality, showing both sides.
              So there's lots showing one side, lots showing the
 4
         other, but the best evidence is randomized controlled
 5
 6
         trials and meta-analysis that there's no benefit in
         masking a healthy general population.
         Well, I'm going to ask you if that's what Dr.
 8
 9
                I'm going to tell you what he said. He said
10
         that the lockdown restrictions imposed in Alberta in
11
         November and December of 2020, he said that those
12
         lockdown restrictions did not cause the initial rise in
13
         cases during the lockdown but did cause the eventual
14
         drop in cases. So did Dr. do there what you just
         described?
15
         Yeah, there's no statistical epidemiologic way of
16
         making that conclusion, because there's all sorts of
17
         problems with it, but -- before/after, like you have
18
         all sorts of bias and confounding, especially
19
20
         confounding, and that conclusion just can't be made
         statistically, it's just not good practice, that that
21
22
         is not a high level of evidence because there's so many
         confounding factors.
23
              And we just know, and we've seen this all over the
24
25
         world now for two years that you have waves that go up
```

and waves that come down, in many cases no matter what

- 1 you do. We've seen that in different provinces in this
- 2 wave. You know, provinces like Quebec who had the most
- 3 extreme measures are having more per capita cases than
- 4 places like Saskatchewan, which are having many fewer
- 5 restrictions.
- 6 And I would argue I know exactly why Quebec is
- 7 having more cases than Saskatchewan because the
- 8 population weighted density in Quebec is much higher.
- 9 You have a lot of people living in a relatively small
- 10 area in Quebec. So it's predictable why they're going
- 11 to have more cases than Saskatchewan. And every
- 12 jurisdiction in Ontario follows the same pattern we're
- 13 seeing in other places, which is that the most
- 14 important factor for number of cases is population
- 15 weighted density.
- And it's not just overall area divided by the
- 17 people. So you look at places like Ontario, most
- 18 people don't live up in the north; it's population
- 19 weighted density, which is a specific measure. So you
- 20 take -- so the idea is you take any random person in
- 21 that population, how many people live near them. It's
- 22 not take the whole area of Ontario and divide it by the
- 23 people. That's just population density. But the
- 24 people of Ontario are not evenly spread over the entire
- 25 province.
- 26 Population weighted density is a statistical

1		method of determining if you take a random Ontarian,
2		how many, on average, people is that person near within
3		like, say, a square kilometre. And that measure is, by
4		far, the best predictor of how many cases you're going
5		to have. And we see that you have provinces that
6		have low population density have lower numbers of
7		cases. Populations with high provinces with high
8		population density, like Quebec, having very large
9		Ontario as well, most people in Ontario live in the
10		corridor between Windsor and Ottawa, and it's
11		relatively population dense.
12	Q	You said earlier something about reversal. You said it
13		was very difficult to reverse (INDISCERNIBLE) trend.
14		Does that help to explain that even though this data
15		you're talking about is so obvious, does that help to
16		explain why Quebec continues to do something that is
17		very obvious doesn't work?
18	A	Yeah. So it's difficult once there's an established
19		practice, and we know this from thousands of years of
20		history in medicine, it's very difficult once there's
21		an assumed standard of practice to change practice.
22		Now, I deal with that on a daily basis, and I have been
23		for almost 11 years of practice now in antimicrobial
24		stewardship, because my main role is to convince
25		people, okay, we don't need to treat people with
26		pneumonia with 14 days of antibiotics anymore. We've
Ī		

had lots of randomized controlled trials that say three 1 2 to five days is okay. But people are still practicing 3 what they learned in med school 25, 30 years ago. And so effecting that change is very challenging, 4 and there's all sorts of books written about that and 5 things like that. 6 And so once a practice is assumed to 7 be beneficial, even early on in the -- when there's clear evidence to the contrary, it's very difficult for 8 9 medical practitioners, it's a psychological thing, you 10 know, just part of humans and who we are as well, to 11 change practice. 12 Is that what's going on generally with COVID now? 13 We've got this practice in place, you know, revolving lockdowns must be effective because we thought they 14 were going to be in the beginning, even though the data 15 shows they're not, we must keep doing them because we 16 Is that -- you know, the 17 thought they were effective. example that you gave with treating pneumonia, is that 18 what's going on with COVID? 19 20 Well, you know, it's a very complicated topic. Α mentioned before, it needs to be looked at in the 21 22 historical context as well, because as a -- you know, as human populations, we have gone through massive 23 events that have decimated our populations that is 24 25 still historically remembered in our social And as I said, so you think of things 26 consciousness.

- 1 like the Black Death, as I said before, historically
- 2 some sorts of quarantine, especially for things like
- 3 smallpox and plague, frankly, have worked. Like when
- 4 you kind of cut yourself off from the world, that
- 5 actually saves a lot of lives with regards to smallpox
- 6 and plague.
- 7 And so a lot of these things have very deep-rooted
- 8 factors that come into play, but one of them is this
- 9 medical reversal idea, and others kind of -- you know,
- 10 the idea of some costs, like once you've invested
- 11 billions or whatever dollars in something, you know,
- 12 you really want that to work.
- And it's political, right? Like it just comes
- down to politics, a philosophy of how things are done,
- 15 whether you're interventionist or not, and people are
- interventionists in the economy, people are
- interventionists in the climate, people are
- interventionists in medicine, and to some degree,
- 19 that's a political question as well. So there's many
- 20 different factors.
- 21 I think there's a few problems that have occurred
- 22 over the -- I think everybody will admit this that
- 23 there's been some major problems that occurred over the
- 24 last couple years. One is that, you know, we haven't
- 25 subjected or made decisions based on enough evidence,
- 26 and I think many people would agree on that, but I

```
think also that it's things are oversimplified.
 1
 2
         don't want to be one person that says, well, people do
 3
         this because of one reason; I think it's very complex.
                      said quite a few times in his report and
 4
         in questioning that the evidence supporting the
 5
 6
         effectiveness of masks is, quote, overwhelming and,
         quote, there's heaps and mounds of evidence. Do you
         find these statements to be reasonable?
 8
 9
         If he's referring to in the community, then, no,
10
         absolutely not, but I -- quite the opposite actually.
11
         So I don't have that direct quote in front of me, but
12
         if he's referring to masking healthy persons in the
         community, no, I would completely disagree with him.
13
14
         Well, you know, to be fair, he's saying it in the
         context of health care settings --
15
         But, again, it's context-dependent, so, yes, for health
16
17
         care providers taking care of patients with influenza
18
         or influenza-like illness or tuberculosis or, you know,
         certain -- the context, then, yes, there is lots of
19
         evidence, but there's also lots of evidence for the
20
21
         fact that masks are not required in lots of health care
22
         contexts as well.
         On page 7 of his report, Dr. says that the issues of
23
         asymptomatic transmission, of symptomatic transmission,
24
25
         and the severity of COVID are not salient to the issue
```

of the effectiveness of masking.

```
1
         Sorry, can you say that again?
     Α
 2
         Sure. And you might want to have it in front of you,
 3
         on page 7 of his report, it's actually in the bold text
         in the third paragraph there of page 7, he says:
 4
         read)
 5
 6
              The severity of COVID-19 right through
              transmission of --
 8
     Α
         His report, sorry, Dr. report?
 9
     0
         Yeah.
10
         Okay. Let me just bring it up. Page 7?
11
         Page 7, yeah, there's the bold text.
12
         Okay, got it here.
13
         So he says: (as read)
14
              The severity of COVID-19 rates of
15
              transmission amongst asymptomatic infected
              individuals, testing, et cetera, none are
16
17
              salient to the question at hand around
              whether or not masks provide benefit in a
18
              health care setting.
19
20
         Do you disagree with him?
21
         I just have to look at this.
     Α
22
         Now, mind you, we don't have a definition of "health
         care setting of course, but ...
23
         No, I wouldn't agree at all. Like whenever we decide
24
25
         or whenever we're thinking conceptually about whether
26
         health care workers should wear masks, the severity of
```

the infection, the rates of transmission of the 1 2 infection, whether asymptomatic persons can transmit, 3 all of those are very important as to whether masks 4 should be used in that context. I'm not arguing that masks shouldn't be used in a health care context. 5 6 would define that like as a hospital, you know, but 7 health care providers should wear a mask when taking care of a patient who is symptomatic with COVID-19. 8 I'm not disagreeing with that at all. 9 10 But this statement is not true, like whenever we 11 think of, even in the health care environment, whether someone should be masked, we think of the severity of 12 13 the infection, we think of the rates of transmission, 14 we think of whether someone who is asymptomatic can transmit, absolutely. 15 I want to take you back to your comparison of a year of 16 0 17 COVID death numbers to a year of vehicle fatality 18 I think you do this on the bottom of page 2 and the top of page 3 of your report. 19 20 Right. Α 21 Now, the first question I have for you is, and you may 22 not know this, but when did COVID-related deaths in 23 people under the age of 60 first start occurring in Canada in 2020? 24 25 Α Oh, it would have started occurring very early, yeah. "Very early" being? 26 0

- 1 A April.
- 2 Q So I'm going to ask you some obvious questions, bear
- 3 with me. How many months are there between April 2020
- 4 and April 2021?
- 5 A 12.
- 6 Q And how many months were in the year 2019?
- 7 A 12.
- 8 Q Now, in your report, you say that there were 1,010
- 9 COVID-related deaths in people under 60 years of age as
- of April 16th, 2021, and that there were 1,191 motor
- vehicle fatalities in 2018 in people under 55 years of
- age. Do you still hold the opinion that the risk of
- death from COVID to people under the age of 60 between
- 14 April 2020 and April 2021 was less than the risk of
- dying from a motor vehicle accident?
- 16 A Yeah, absolutely. And, in fact, the first -- when I
- kind of look at the number -- what you need to do is
- 18 look at basically the average number of deaths per day,
- and in this analysis, I'm actually being generous,
- 20 because the first death in Canada I think was around
- 21 March 9th, 2020, and so what you're talking about is
- over 13 months of data until April 16th, 2021, and
- there were less deaths in that age group than just 12
- 24 months of persons -- and, again, it's under the age of
- 25 55. So not only am I doing it longer with regards to
- 26 COVID deaths, I'm -- have a slightly larger age group.

```
So the number -- and if you continue that on, and
 1
 2
         you always have to -- the denominator is important,
 3
         like you always have to divide it by the number of
         days, and I counted from the day of the first COVID
 4
         death in Canada, and this holds today, so the number of
 5
 6
         deaths in Canada in persons under 60, if we divide it
 7
         by almost two years, the number of deaths per day on
         average is less than what we would expect in that same
 8
         age group, persons under 60, the number of deaths due
 9
         to motor vehicle accidents.
10
11
         Thank you. On page 6 of his report, Dr. stated that
12
         you committed a, quote, factual error. He said your
         comparison was fallacious and unscientific.
13
                                                      He went on
14
         to say that no scientist, doctor, or epidemiologist
         with a basic understanding of disease patterns would
15
         make this comparison.
16
17
              Now, on cross-examination, Dr.
                                              retracted his
18
         accusation that you have no basic understanding of
         disease patterns, but how do you respond to his claim
19
20
         that you made a factual error?
         Well, the mistake he made is he continued to accrue
21
     Α
22
        patient numbers without dividing -- without changing
23
         the denominator. So he changed the numerator without
24
         changing the denominator. What I was saying was that
25
         in a year, and it was actually more, the numerator was
         1,000 -- what did I have -- 1,010, that was my
26
```

- 1 numerator, and my denominator would have been about a
- 2 year, it was actually 13 months, but it was a year. In
- 3 his report, he continues to increase the numerator, so
- 4 1,475 as of June 29th, but then he has to increase the
- 5 denominator as well. And if you change the denominator
- 6 to the June 29th, so approximately 16 months, you're
- 7 finding the same thing: You're finding the average
- 8 numbers of death per day in that age group is still
- 9 less. So it's --
- 10 And, you know, saying it's fallacious and
- 11 unscientific, well, it's very important, we do this all
- 12 the time in medicine; like if we're talking to people
- 13 that have a potential rare effect of a drug or, you
- 14 know, a particular intervention, like my obligation is
- 15 to provide the patient with informed consent, and part
- of that informed consent is providing a contextual
- 17 risk. This is done all the time. It's done all the
- 18 time at population health bubbles as well, because
- 19 everything in life has a risk, you know. Me walking
- 20 into my bathtub or shower has a risk, you know; there
- 21 are certain numbers of people that die every year
- 22 because of that. And getting struck by lightning or
- 23 whatever and --
- In fact, driving a car is one of the riskiest
- 25 things in, you know, persons under a certain age that
- 26 they can do in Canada. It's one of the major

1 preventable causes of death. And so it's always used -- not always, but often used as a way of 2 3 contextualizing a risk of death, and I think it is very helpful in COVID-19. If you have people under 60, 4 that's all persons under 60, all persons under 60, 5 6 their risk of dying of COVID is actually lower than 7 their historical risk of dying in a car accident. And, again, you can talk about sub groups and 8 things like that if you have -- if you're talking about 9 10 healthy people under 40 with no risk factors, like 11 you're talking about a phenomenally lower risk actually with no kind of comorbidities and lowering the age 12 13 group and stuff. But it's routinely done in many areas 14 of life, not only medicine, to contextualize a risk. Just a couple more questions. In your experience as an 15 0 infectious disease specialist, do government bodies 16 17 tend to be more factually accurate than non-government bodies regarding scientific issues? 18 19 MR. Mr. Kitchen, I'm sorry to 20 interrupt, but I struggle with how that falls within the efficacy of masking and other qualifications. 21 22 think that's almost political, sociological. where you're going, but I wonder if you could think 23 24 about rephrasing that, because that's awfully broad and 25 really doesn't speak to efficacy of masking; that's 26 governmental society.

```
1
         MR. KITCHEN:
                                  No, I'm simply asking if the
 2
         evidence he's seen for government bodies and the
 3
         evidence he's seen from non-government bodies, if the
         scientific evidence -- if governments tend to be more
 4
 5
         right than non-government bodies.
 6
         MR.
                                  Well, it's pretty open-ended,
         which governments, what evidence, provincial, federal,
         municipal. I mean, that's a pretty broad question,
 8
 9
         Mr. Kitchen.
                       That's my concern.
10
         MR. KITCHEN:
                                   I can narrow it down to
11
         specific governments, if you let me do that.
12
         MR. KITCHEN:
                                Well, Dr.
                                                   I'm not
13
         going to ask you about the Alberta government because
14
         you're not in Alberta, but the Ontario government,
         generally speaking, in your -- and you've only be doing
15
         this for 11 years, so in your 11 years of infectious
16
17
         disease experience, do governments tend to be more
         factually or scientifically accurate in Ontario, the
18
         Ontario government, does the Ontario government tend to
19
20
         be more factually or scientifically accurate than
         non-government bodies?
21
22
         What do you mean by "non-government bodies"; like what
     Α
         would be the comparative group?
23
24
         Independent scientists, private universities, people in
     Q
25
         bodies that are clearly unrelated to government.
26
         Yeah, again, that is a hard question to really answer,
     Α
```

```
1
         because it all depends. Like I've seen it every single
 2
         different way.
                         Sometimes I've seen how the
 3
         Government's just way behind the times. Other times,
 4
         they're way more accurate than a different -- like,
         again, it's completely context-dependent, so I really
 5
 6
         can't answer that question, to be honest with you.
 7
         Do you think a scientific or medical proposition or
     0
 8
         theory is likely to be more accurate because it comes
 9
         from a government source?
10
     Α
         I don't personally think that, no. I always look at
11
         the underlying data, so the primary evidence.
12
         know, if you talk about historical analysis, the
13
         primary evidence is people who were there in that part
14
         of history or the archeological evidence or whatever.
              You know, in scientific stuff, it's the studies,
15
         it's the bench research or the randomized controlled
16
17
         trials, yeah.
                        So that's how I would form my opinion.
18
              So what different bodies say, governments,
         whatnot, like that would be part of kind of how I think
19
20
         about things, but it's certainly not the most
21
         important, but I would want to look at the primary
22
         evidence, and that's what I did in my report.
23
         So is the most important thing what the evidence and
24
         the data says?
25
     Α
         Absolutely.
26
         What if government disagrees with that evidence and
     0
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```
1
         data?
 2
         Well, governments have, you know -- throughout the
 3
         history of medicine, there's all sorts of examples of
         when governments got it wrong, different medical bodies
 4
 5
         got it wrong. You know, data is always accumulating,
 6
         and so -- but, you know, lots of times they get it
         right, but, of course, they're going to get it wrong.
         Governments or any sort of political body or
 8
         educational institution or even scientific community
 9
10
         are not going to be infallible. Like there's lots of
11
         people that make mistakes, and evidence is going to
12
         change, you know, and they're influenced by a variety
13
         of factors.
                      They are -- and things are influenced by
14
         cultural factors, things are influenced by political
         factors, so, yeah, it's a very complex thing.
15
         (AUDIO/VIDEO FEED LOST)
16
17
         THE CHAIR:
                                  Can we just --
                                  We've lost --
18
         MR. KITCHEN
19
         THE CHAIR:
                                  Yeah.
20
         MR. KITCHEN
                                  I only have one more question,
                           back, then I'll be done.
21
         so if we get Dr.
22
         THE CHAIR:
                                  Okay, we'll just wait a
         moment; I'm sure she'll be reconnecting.
23
24
         (DISCUSSION OFF THE RECORD)
        MR. KITCHEN:
25
                                Dr.
                                            thank you, you've
26
         been very patient with me. My last question for you
```

1		is, as a medical professional working with infectious
2		diseases, have you found the information or opinions
3		regarding COVID restrictions coming from government
4		sources such as the Public Health Agency of Canada to
5		be well supported by real scientific evidence or not so
6		well supported by real scientific evidence?
7	A	So with regards to COVID-19?
8	Q	With COVID restrictions.
9	A	Yeah, I again, it's a complex question, but, in
10		general, I would disagree with a fair amount of what my
11		Provincial government has done. Like they've
12		admitted you know, they were taping up children's
13		playgrounds in two different waves, it just makes no
14		sense.
15		But, again, it all depends on what we're talking
16		about. Some things I do agree with, certain quarantine
17		and testing and various treatment things I do agree
18		with, other things I don't, but anything that I would
19		have had issue with would have been found in my report.
20	Q	So you don't agree with the masking and physical
21		distancing, I take it?
22	A	Yeah, my position is as it is in the report, and that
23		would be quite different than what has occurred in my
24		jurisdiction.
25		MR. KITCHEN: Well, those are all my
26		questions.

- 1 Now, I know it's getting close to lunch, but I
- 2 suspect Mr. going to be quite brief, and so I
- 3 propose that we go until lunch, but I leave that with
- 4 Mr.
- 5 THE CHAIR: I was just going to ask you,
- 6 Mr. if you have some idea of how long you
- 7 might be.
- 8 MR. I think I'll be 15 minutes, I
- 9 don't know, depending on how, you know, again
- 10 Dr. might respond, I might have some follow-up
- 11 questions. My sense is, and I leave this up to you to
- 12 decide, but people would probably, and I invite
- 13 Dr. comments and your colleagues', we probably
- 14 want to plow through into the lunch hour and maybe try
- 15 to finish any redirect and any questions from the
- 16 Tribunal before we break for lunch. Now, that's -- I
- 17 don't want to see us going till, you know, 1:25 and
- 18 missing lunch for everybody, but my sense is maybe we
- 19 should try to press ahead here for 15 or 20 minutes,
- 20 see where we're at. Mr. Kitchen may have some
- 21 follow-up. Let's just try to make as much progress as
- 22 we can before maybe 12:30 or something like that.
- 23 THE CHAIR: I agree with you, and I see a
- 24 very vigorous nod from Dr. I think he's
- 25 supportive of that. I'm going to suggest that we just
- 26 take a 5-minute stretch, bio break now, and we'll come

```
back, and we'll -- nose to the grindstone and try and
 1
 2
         see where that takes us, okay?
 3
                                  Sorry, can I just --
         MR.
         can you stick us in a break-out room? I just want to
 4
         chat with for a few minutes.
 5
 6
         THE CHAIR:
                                  Think we'll be back at 10
         after 12, because I do anticipate there's going to be
         some discussion, so we'll see everybody in 15 minutes.
 8
 9
         (ADJOURNMENT)
10
         THE CHAIR:
                                  So we're back in session, and
11
                   has some questions on cross-examination for
        Mr.
12
         you, Dr.
13
     Α
        Okay.
14
         Mr.
                    Cross-examines the Witness
15
                                Afternoon, Dr.
         MR.
        Afternoon.
16
         It's noon here now as well, so that's universal.
17
         you for taking your time out of a Saturday. I don't
18
        have a lot of questions for you.
19
20
              I just wanted to start off by confirming a few
         things you said to Mr. Kitchen, and the first was that
21
22
         the, I think, the infection fertility ratio varies over
         time; is that correct?
23
         Infection fatality ratio, yes, not fertility.
24
     Α
25
         Thank you, not -- yes, thank you. And the IFR for
         COVID, I think you said exceeded a bad influenza year
26
```

- when COVID-19 first began in Canada; is that correct?
- 2 A Yeah, so what I was saying is that very early on,
- 3 because it was really only symptomatic cases being
- 4 detected and tested for, and there was still a very
- 5 vulnerable population, the IFR was quite high. But
- 6 over time, as COVID has infected more and more people,
- 7 there have been different strains, including especially
- 8 Omicron, the IFR has continued to drop over the past 21
- 9 months or so --
- 10 Q Yeah.
- 11 A -- so --
- 12 O I think that --
- 13 A -- I think it's graphed out in a number of places, and
- it's declining over time.
- 15 Q I think you might have said that in April or May of
- 16 2020, that was the first wave for COVID-19, and that's
- 17 when the IFR would have been its highest; is that fair
- 18 to say?
- 19 A Correct, yeah.
- 20 O You had a discussion with Mr. Kitchen about the word
- 21 "pandemic", and I think you said that COVID-19 is
- definitely a pandemic, and you supported that by saying
- 23 that this is the first time we've seen a virus on all
- seven continents; is that correct?
- 25 A Correct.
- 26 O You also said that there's going to be some debate

about when it's becomes endemic, and I think you said 1 2 the decision about when it's going to become endemic is 3 arbitrary, is that your evidence? 4 Well, yeah, different people are -- you see some people Α saying now that it's endemic, others are going to say, 5 6 well, there's these and these criteria. There's no 7 established criteria. I gave kind of what I think is a reasonable thing, which is that once it's replaced with 8 9 a different virus, not entirely, because COVID-19 or 10 SARS-CoV-2 will continue to circulate indefinitely, but 11 once the predominant virus is something else in most 12 regions, I think that's a good place to say, well, it's 13 now endemic. 14 You're kind of leading --0 15 There's no established -- sorry, there's just no Α established definition as to when the pandemic ends and 16 17 when the endemic phase begins. And you're kind of leading me to my next guestion, 18 which was inasmuch as it's going to be arbitrary, it's 19 20 probably going to be subjective as well, isn't it? 21 Yeah, you can use whatever term you want, arbitrary, Α 22 subjective, yeah. You had, a number of times, interactions with 23 Mr. Kitchen about how science has evolved with respect 24 25 to each virus or pandemic, and that there is discussion

26

and debate within the scientific community, and I think

you referred to different studies, and Mr. Kitchen took 1 2 you through that. While that debate is occurring --3 and I'll be more specific, while that debate was occurring in Canada when COVID-19 started and is still 4 5 continuing, it's up to governments to make decisions 6 though and orders in terms of how we respond to the 7 pandemic; is that fair? Yeah, that's the role of government is to make 8 Α 9 decisions. 10 0 Yeah, and what I'm getting at there, I believe this is 11 consistent with what you said, the CMOH, and I'll use 12 Ontario, for example, but it's the same here, it's the 13 CMOH that issues those public health orders that the 14 public is required to follow; is that fair to say? 15 Yes, the CMOH does have an important role -- or Α that's -- the CMOH has had an important role in Canada 16 17 in different jurisdictions and provinces, but, yeah, 18 it's still the government itself as well making certain things mandatory and usually will do so with 19 consultation of the CMOH. 20 21 And I'm not trying to be cagey here, I'm just trying 0 22 to -- I want to be clear that there's a distinction 23 between the scientific debate, which has people on both sides or multiple sides of an issue, versus the 24 25 decision-making, which is done by government and other 26 government entities, I suppose. That's really what I'm

- 1 getting at.
- 2 A Yeah, I would agree with that. I would agree with that
- a hundred percent, because policy is always very
- 4 different than scientific rationale, and so --
- 5 O Right.
- 6 A -- there's lots of policy decisions that have been made
- 7 that are not justified by science.
- 8 Q Yeah, and I think -- you know, I was talking with you
- 9 about CMOH orders, but I'm thinking in Alberta, and I
- 10 know -- I'm pretty sure they had these in Ontario, we
- 11 had various re-opening requirements issued by
- 12 government. If you wanted to open your gym, your
- salon, what have you, there were certain requirements
- that have to be followed, and I think you probably
- agree that, despite the scientific debate going on,
- businesses had to follow those requirements if they
- 17 wanted to re-open?
- 18 A Yeah, that would be their decision, but, yeah.
- 19 Absolutely.
- 20 O You had a very I think fulsome discussion with
- 21 Mr. Kitchen about you and wearing of masks, and I think
- 22 you said to him that you are required to wear a mask at
- work when you're asymptomatic regardless of, you know,
- 24 symptoms; that was your evidence, I think?
- 25 A Yeah, when I'm working in the hospital, I'm required
- 26 to -- except when I'm in my own private office --

- 1 Right --0 2 -- with the door closed. 3 -- right. And in fairness --0 4 (INDISCERNIBLE) -- I'm really concerned about the situation where 5 6 you're treating patients, because that's what our 7 hearing is talking about, and I think you were pretty candid about that. Mr. Kitchen mentioned to you CPSO, 8 9 College of Physicians and Surgeons of Ontario, 10 requirements for masking, and I think you said -- he 11 asked you whether you knew whether they had any, and 12 you said, I'm sure they do. And I think you indicated 13 you would follow them if they applied to you, and in 14 fact, I think you said you are following them when you 15 wear a mask in the hospital. Is that fair to say? That's correct. 16 Α 17 Would you agree that, as a member of the CPSO, you can't pick and choose which of their requirements for 18 your practice applies or doesn't apply for you? 19 I don't have a choice in the matter, no. The CPSO and 20 Α 21 various other regulatory bodies can make requirements,
 - 24 Q That was going to be my next -- sorry, were you
 - 25 finished?
- 26 A Yeah.

22

23

my hospital can make requirements of something that I

don't agree with or I think is not based on evidence --

- 1 Q Yeah. That was going to be my next question was, you
- 2 know, there's situations, and I think masking might be
- one of them, where you would disagree with your
- 4 regulator or maybe a hospital policy where you're at,
- 5 but your evidence I think is that you, nonetheless,
- 6 would follow those requirements?
- 7 A That's correct.
- 8 Q Mr. Kitchen and you engaged in a discussion about
- 9 government and non-government bodies, and he asked you
- 10 some questions about that. I just want to be clear,
- 11 you gave some answers about your knowledge of the
- Ontario experience, but you don't have any knowledge of
- the Alberta experience in terms of how CMOH orders were
- issued or weren't issued; that's correct?
- 15 A I have some knowledge of Alberta, but certainly nothing
- like I would have here in Ontario, because -- like you
- 17 know, this case or whatever else, I've got some
- 18 knowledge of Alberta, but not nearly as much as I would
- 19 have of Ontario.
- 20 Q And I think, again, and I'm not trying to be critical
- 21 here, I just think it's factual, Dr. in his
- testimony and his expert report, was directly involved
- in working with the CMOH office on certain aspects of
- 24 their orders in Alberta; is that your understanding?
- 25 A I know nothing about Dr.
- 26 O You had a discussion about, and Mr. Kitchen can correct

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1
         me if I'm paraphrasing his words incorrectly, but I
 2
         think generally he asked you about whether government
 3
         or non-government entities can be -- are more accurate,
         or less accurate, or more correct or less accurate, you
 4
 5
         know, when we compare them, and I think you were pretty
 6
         candid in saying that it's fairly divergent, and lots
         of times government gets it right, and lots of times
         non-government entities get it right; is that fair to
 8
 9
         say?
10
         Yeah, it's a very complex issue, and it's such a broad
     Α
11
         question that I don't think any kind of sweeping
12
         statements can be made.
13
                                  Those are all my questions,
         MR.
14
         Dr.
                     Thank you for your time.
15
         Thank you.
     Α
                                  And I --
16
         MR. KITCHEN
17
         THE CHAIR:
                                  Thank you.
18
         MR. KITCHEN:
                                   -- just have two in redirect.
         THE CHAIR:
19
                                  Okay.
20
         Mr. Kitchen Re-examines the Witness
         MR. KITCHEN:
                                     you said there's
21
     0
                                Dr.
22
         no established criteria for establishing an endemic.
         Is there any established criteria for establishing a
23
24
         pandemic?
25
         I think the -- yes, there would be, you know,
26
         established -- you know, the WHO, different
```

organizations would have definitions for a pandemic, 1 2 however you want to define a pandemic. SARS-CoV-2 is a 3 pandemic, and there are certainly more definitions or clearer definitions for when there is a pandemic and 4 when it's been established than when an infection 5 6 transitions from pandemic to endemic. 7 How come only some flu years are pandemic and some 0 I don't want you to -- I don't want to rehash 8 aren't? what we did earlier. You said something about --9 10 something I didn't, frankly, understand. I think 11 something about how the virus has changed. That's what 12 I'm trying to get at. Is there --13 So year to year, influenza changes, it mutates, Α 14 we have different strains. It's equivalent to SARS-CoV-2, how we have different variants. 15 They're both very -- they're similar viruses; they're RNA 16 17 viruses; they mutate at approximately the same rate. 18 So in influenza, year to year, there's something called antigenic drift, which are minor changes that 19 20 produce the seasonal yearly influenza. Every few 21 decades, there's an antigenic shift, so not drift but 22 shift, and that's a major reassortment of a virus, 23 which generally causes more widespread illness, more 24 severe illness, because many people in the population 25 do not have sufficient immunity, and so that's, you know, swine flu 2009 would be kind of the last example 26

- The Spanish flu from a hundred years ago is 1 of that. 2 another example. And there were I think three or so 3 other pandemic influenza years in the 20th century. 4 When we go from variant to variant in COVID, is that a similar thing, or is that different? 5 6 Α So that would be, if you want to make it analogous to 7 influenza, that would be the antigenic drift part of influenza, and so that would be the -- kind of the 8 9 yearly fluctuations, and we'll continue to have that, 10 there'll be a new wave after Omicron, something of a 11 new variant. In influenza, we called it the yearly 12 And so that's what the analogy would be with 13 influenza. The variants are new -- are analogous to 14 influenza antigenic drift. And that's what we referred it to, COVID-19 or 15 0 SARS-CoV-2, is one big long event, they don't -- we 16 17 haven't chopped it up; we refer to it as one big long 18 thing, that's -- because there's only drifting not shifting? 19 20 That's correct. Α 21 Last question I think, if government has a role to 0 22 impose measures to protect the public, do they also 23 have a corresponding role to remove those measures once 24 it's clear that they don't work or cause more harm than
- 26 A I think any policy decision needs to be based on

25

good?

evidence, and I think the more significant a policy 1 2 decision is, the more evidence should be behind it, 3 because if you're going to make a policy decision that 4 significantly impacts people's lives, there should be a lot of good evidence for that. 5 6 And so same with changing policy decisions, any 7 time a policy decision is changed, it should be based on evidence. And again, I think the burden of proof, 8 the more significant the policy decision, the more the 9 10 higher burden of proof is on the evidence that that 11 policy decision is based on. 12 And are you seeing that evidentiary burden being met 13 for things like masking and distancing? 14 Α Yeah, yeah, for sure. With regards to masking for Like a lot of places -- a lot of places like 15 sure. Denmark, the UK, Ireland, many places in the States, a 16 17 lot of jurisdictions are getting rid of masking because there's no -- like the evidence just isn't there. 18 There was an assumption, and so the policy decision was 19 20 based on an assumption, that I would argue flawed 21 assumptions, but as evidence accumulates, jurisdictions 22 are now starting to get rid of mask mandates, for 23 example. Logically speaking, if the virus is the same and the 24 25 scientific evidence is the same between Florida and 26 Alberta or between Canada and Denmark, then can it

- logically be said that Canada's decision to keep
- 2 masking in place is based on science, or is it based on
- 3 something else?
- 4 A Well, I argue in my report I don't think that -- I
- 5 would argue in my report that there was never a
- 6 justification to mask healthy persons in the general
- 7 public. That evidence base was never there. I argued
- 8 that from the meta-analyses and studies in flu, and
- 9 that evidence continues to be accumulating specifically
- 10 for SARS-CoV-2.
- 11 Q So is it fair to say that places that are removing mask
- restrictions are following the science, and places that
- 13 aren't are ignoring it?
- 14 A Yeah, I think the word "the science" has been way
- 15 misused in --
- 16 O (INDISCERNIBLE)
- 17 A -- this last two years, so I won't use that term, but I
- 18 would say the --
- 19 O How about the evidence?
- 20 A The evidence, I would say the evidence never has --
- 21 there has been no evidence that masking the general
- 22 public is of any benefit, the healthy general public.
- 23 Q So at some level, isn't it required of governments that
- are continuing to impose mask mandates that they're
- 25 ignoring the evidence?
- 26 A Again, policy and evidence-based decision-making are

- 1 often very different things. Policy is informed by
- 2 many other factors other than evidence.
- 3 MR. KITCHEN: Thank you. Those are my
- 4 questions in redirect.
- 5 THE CHAIR: Okay. Dr. the Members
- 6 of the Tribunal may have questions for you. We're just
- 7 going to take a 5-minute break while we discuss what
- 8 questions, if any, we have for you. So if you can just
- 9 bear with us for 5 minutes, I don't think we'll be any
- 10 longer. Thank you.
- 11 (ADJOURNMENT)
- 12 THE CHAIR: The Hearing Tribunal is back
- in session. And, Dr. we'd like to thank you
- 14 very much for your time and your expertise and your
- 15 testimony today. Members of the Tribunal do not have
- 16 any additional questions for you. We appreciate you
- 17 participating in this process, and Mr. Kitchen will
- 18 discharge you, unless there's anything else.
- 19 There's just one matter I would like to ask of the
- 20 College. Ms. we are concerned over finding two
- 21 consecutive dates, and we would really appreciate
- 22 seeing the Doodle poll go out as soon as possible,
- 23 knowing how much pressure there is on various people's
- 24 calenders, so we'll look forward to getting that in the
- 25 near future.
- And unless there's anything else, I'll declare the

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hearing closed until we meet again, and we will meet
 1
     again sometime in the spring.
 2
 3
     PROCEEDINGS ADJOURNED
 4
 5
     CERTIFICATE OF TRANSCRIPT:
 6
 7
                              certify that the foregoing
 8
    pages are a complete and accurate transcript of the
 9
    proceedings, taken down by me in shorthand and
10
    transcribed from my shorthand notes to the best of my
11
12
     skill and ability.
          Dated at the City of Calgary, Province of Alberta,
13
14
     this 22nd day of February, 2022.
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                        CSR(A)
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     Official Court Reporter
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